# Patient-Provider Language Concordance and Health Outcomes: A Systematic Review, Evidence Map, and Research Agenda

Loretta Hsueh, Adam T. Hirsh, Gerardo Maupomé, Jesse C. Stewart

#### **Abstract**

Although patient–provider language concordance has the potential to reduce health disparities for people with limited English proficiency, no previous work has synthesized this literature. Our systematic review sought to describe the characteristics of studies examining relationships between language concordance and health outcomes, summarize the nature of observed associations, and propose an evidence map and research agenda. A comprehensive search of published articles identified 38 quantitative studies for inclusion. Most studies were cross-sectional, conducted in primary care, concentrated in Western states, and focused on Spanish speakers and physician providers. Results were split between supporting a positive association versus no association of language concordance with patient behaviors, provider behaviors, interpersonal processes of care, and clinical outcomes. Several methodological limitations were identified. Based on these results, we developed an evidence map, identified knowledge gaps, and proposed a research agenda. There is a particular need for quasi-experimental longitudinal studies with well-characterized samples.

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The health and well-being of immigrants and their families living in the U.S. is paramount to the health of the overall U.S. population (Derose et al., 2009). The estimated 43 million immigrants living in the U.S. constitute ~13% of the general population (Lopez & Radford, 2017) and an estimated 38 million people in the U.S. are children of at least one immigrant parent. Yet, unequal access to adequate medical care continues to jeopardize the health of immigrants and their children (Pew Research Center, 2013; Lopez & Radford, 2017; Derose et al. 2009).

Language is an important consideration in this context. Approximately half (20.4 million) of the immigrant population has limited English proficiency (LEP), defined as any person aged 5 years or older who reports speaking a language other than English at home and reports speaking English less than 'very well' as classified by the U.S. Census Bureau (Zong & Batalova, 2015b). An additional 4.7 million people with LEP are U.S.-born, mainly to immigrant parents. In total, people with LEP represent 8.5% of the U.S. population (Zong & Batalova, 2015b). People with LEP experience poorer health outcomes (Eamranond, Legedza, et al., 2009; Divi et al., 2007; Gandhi et al., 2000) and a 2006 review (Jacobs et al., 2006) concluded that language barriers in healthcare are associated with poor health outcomes.

One proposed factor for improving health for individuals with LEP is language concordance in healthcare. Language concordance occurs when patients and providers communicate in a shared language, whereas language discordance occurs when patients and providers cannot communicate in a shared language. Healthcare providers will oftentimes rely on interpreters to communicate with patients with LEP. Several systematic reviews have examined the efficacy of this practice. For example, Flores (2005) examined the impact of medical interpreter services on a number of health-related outcomes, including communication quality,

## Language Concordance and Health Outcomes 2

patient satisfaction with care, and use of health services. He highlighted two main findings. First, both trained (professional) interpreters and bilingual providers can have a beneficial effect on quality of care. Second, relying on untrained interpreters (e.g., family members or non-physician staff) is associated with inferior care. A 2007 review detected a similar pattern of results. Specifically, relying on trained interpreters is associated with better clinical care compared to relying on untrained interpreters, and further, relying on professional interpreters appears to raise the quality of clinical care for patients with LEP to approach or equal that for patients that speak English (Karliner, Jacobs, Chen, & Mutha, 2007). In 2010, a more focused examination on the impact of patient language proficiency and interpreter service use on the quality of psychiatric care found that, consistent with the broader literature on medical interpreting, relying on trained interpreters was associated with higher quality psychiatric care, while the use of untrained interpreters was associated with more interpreter errors (Bauer & Alegría, 2010). Finally, another focused look at the impact of interpreters on palliative care quality to patients with cancer also found evidence of the beneficial effect of trained interpreters on palliative care quality, with the authors warning specifically against the common practice of using family members as untrained interpreters (Silva et al., 2016). Overall, the evidence base supporting the use of professionally trained medical interpreters is well established, and many healthcare organizations continue to rely on medical interpreters. Nonetheless, a growing evidence body suggests that patients need to communicate directly with a language-concordant provider to establish rapport, be satisfied with their experience, and receive better medical care (Green et al., 2005b; Ngo-Metzger et al., 2007b; Lee et al., 2002a). Therefore, in this review, we define language concordance as occurring when patients are able to directly communicate with their providers in the patient's preferred language.

The specific objectives of the present review are to: (1) describe the characteristics of quantitative studies examining relationships between patient-provider language concordance and health outcomes; (2) summarize the nature of observed associations; and (3) propose an evidence map and future research agenda to address key knowledge gaps and methodological limitations.

#### **NEW CONTRIBUTION**

While prior reviews have established the effectiveness of professionally trained interpreter services, no previous work has synthesized the literature linking language concordance (when patients are able to directly communicate with their providers in the patient's preferred language) to health outcomes. This review will be the first to critically evaluate the state of the literature on language concordance and health outcomes, identify key methodological limitations and knowledge gaps and propose specific strategies to address them, and provide an organizing map of the available evidence. These contributions are important because, while the population that has LEP continues to grow (Pew Research Center, 2013), the healthcare industry continues to struggle to provide a linguistically diverse workforce to serve them (Grumbach & Mendoza, 2008; Sanchez, Nevarez, Schink, & Hayes-Bautista, 2015). Policies that support effective practices are informed by rigorous, clinically relevant research. Therefore, the overall aim of this review is to advance the state of the literature by distilling what is known about language concordance-health outcome relationships and improving the quality of future research in this area.

#### CONCEPTUAL FRAMEWORK

The conceptual framework in Figure 1 guides this review. We adapted the framework proposed by Kilbourne and colleagues (Kilbourne, Switzer, Hyman, Crowley-Matoka, & Fine, 2006) for understanding the determinants of health disparities to focus on the healthcare context

- specifically, patient behaviors, provider behaviors, and interpersonal processes of care. We

added the clinical outcomes domain, given that healthcare organizations often utilize clinical outcomes as indicators of quality of care. Focusing on the healthcare context is important, as patients with LEP have more negative experiences with healthcare, which may play a role in their poorer health outcomes. For instance, patients with LEP are less likely to engage in healthpromoting behaviors, such as keeping follow-up appointments or following self-management recommendations (Karter et al., 2000; Sarver & Baker, 2000), possibly due to misunderstanding instructions or poor rapport (Karliner et al., 2012; Ferguson & Candib, 2002). Despite best intentions, healthcare providers may contribute to the problem by unwittingly delivering inadequate or inappropriate care. Compared to English-proficient patients, patients with LEP receive fewer preventive services and health-promoting recommendations, such as diet and exercise counseling (Jacobs et al., 2005; Woloshin et al., 1997; Lopez-Quintero, Berry, & Neumark, 2010). Finally, interpersonal processes of care between patients with LEP and their providers may be less effective. For instance, patients with LEP are less likely to understand their diagnosis, treatment, or discharge instructions (Karliner et al., 2012; Wilson et al., 2005; Morales et al., 1999). Furthermore, providers who cannot speak their patients' language are more likely to omit important questions or information in their discussions with their patients and are more likely to misdiagnose their patients (Flores et al., 2003).

**METHODS** 

#### Search strategy and selection process

We conducted a comprehensive literature search using the following terms, conjoined by an OR statement: language concordance, language concordant, language discordance, language discordant, linguistic concordance, linguistic concordant, linguistic discordance, linguistic

discordant. This search was conducted in the following databases: Medline, ScienceDirect, Web of Science, PsycInfo, EMBASE, and CINAHL. We also backreferenced selected articles for relevant studies and reviewed titles and abstracts of studies citing selected articles in Web of Science. Titles and abstracts of identified journal articles were reviewed against inclusion and exclusion criteria (below) to determine initial eligibility for inclusion. The full texts of studies that appeared to be eligible for inclusion were obtained and reviewed to determine final status. If,

after screening the title and abstract, there remained uncertainty about eligibility, full texts were

reviewed. For each excluded study, the reason for exclusion was recorded.

## Inclusion and exclusion criteria

Studies were included if they: (1) were quantitative studies published in peer-reviewed journals, (2) compared patient-provider language concordance to language discordance, (3) assessed at least one health-related outcome, and (4) reported the association between language concordance and at least one health outcome. For the purposes of this review, patient-provider language concordance was defined as occurring when patients and providers can directly communicate in the patient's preferred language ('language-concordant'), whereas language discordance was defined as occurring when patients and providers cannot directly communicate in the patient's preferred language ('language-discordant'). Studies were excluded if they: (1) were not in English, (2) were not conducted on a U.S. sample, (3) did not include a sample with LEP, (4) were exclusively qualitative in nature or not a research article (e.g., commentary), and (5) achieved language concordance through interpreter use only. Non-U.S. samples were excluded because this review seeks to examine the evidence for language concordance as a potential mechanism underlying differences in health outcomes for U.S. immigrants. The U.S. is unique among other industrialized countries in that residents lack access to universal healthcare,

# Language Concordance and Health Outcomes 6

and the downstream consequences of disparate health insurance coverage rates and prohibitively high healthcare costs likely disproportionately burden immigrants and their families.

# Data extraction procedure

The first author used a standard data form to extract study descriptives (study characteristics, patient characteristics, provider characteristics, language concordance assessment, and outcome assessment) and study findings. Language concordance assessment data include information on which informant was used to determined language concordance (e.g., patient report that language concordance occurred) and how comparator groups were formed. To illustrate, several studies included patients and providers that communicated through an interpreter (referred throughout as 'interpreter use') in the language-discordant group. Similarly, several studies sampled patients and providers that communicated directly in English (referred throughout as 'English-English') and included this group in the language-concordant group (grouping English-English with patients and providers that directly communicated in a non-English language). We did not exclude studies for classifying interpreter use and English-English as language-concordant as long as the language-concordant group included patients and providers who were able to communicate directly in a shared non-English language (the definition of language concordance). To capture this information, we created variables to represent whether a study (1) included interpreter use in the language-discordant group (yes/no), and (2) included English-English in the language-concordant group (yes/no).

Health outcomes were categorized into four domains. <u>Patient behaviors</u> were defined as patient actions that indicate participation in care (e.g., medication adherence). <u>Provider behaviors</u> were defined as provider actions that influence patient health but exclude routine assessments and procedures. To illustrate, we considered outcomes such as timeliness of treatment as

Language Concordance and Health Outcomes 7

provider behaviors but not routine clinical procedures such as cancer screenings. <u>Interpersonal processes of care</u> included measures of patient-provider relationship or clinical encounter quality (e.g., satisfaction with care). Finally, <u>clinical outcomes</u> included risk factor laboratory values (e.g., hemoglobin [Hb] A1c), routine assessments and procedures (e.g., vaccinations), and other healthcare-relevant outcomes (e.g., length of hospitalization).

Study findings were coded at the level of the individual outcome. When studies reported associations for individual outcomes and composite outcomes that include those individual outcomes, only the individual outcomes were extracted. For example, if a study reports associations for three outcomes of influenza vaccination, tetanus vaccination, and 'any vaccination,' only the first two associations (influenza vaccination and tetanus vaccination) are extracted.

RESULTS

The flow chart in Figure 2 depicts the study selection process. Thirty-eight studies were included in the final qualitative analysis. Table 1 summarizes study descriptives, Table 2 presents methodological details of each of the selected studies, Table 3 summarizes main findings and limitations of each of the selected studies, and Table 4 summarizes findings regarding associations of language concordance with health outcomes across the selected studies.

#### Study characteristics

Study year, sample size, and design. Publication years ranged from 1985-2017. Over three-quarters (k=30, 78.9%) included more than 200 participants. Over half (k=21, 55.2%) used a cross-sectional design. This limits the literature in three ways. First, cross-sectional designs cannot elucidate temporal relationships between language concordance and health outcomes. Second, some outcomes (e.g., HbA1c) require longer follow-up periods to detect meaningful

## Language Concordance and Health Outcomes 8

changes. Third, cross-sectional studies cannot account for self-selection biases that may exist between patients with and without language-concordant providers.

Because access to language services is a health right, randomized controlled trials (RCTs) with a language-discordant arm are considered unethical (Jacobs et al., 2006) and not used in this literature. However, cluster-RCTs comparing 'usual care' clinics to 'intervention' clinics (i.e., with specialized language-concordant care teams) are rigorous and appropriate for examining these questions. Further, other rigorous designs—such as quasi-experimental longitudinal designs— are feasible in hospital settings that routinely track patients and document health outcomes. For example, Parker and colleagues (2017) used a quasi-experimental pre-post design to examine glycemic control among Latinos with type 2 diabetes switching from a language-discordant to a language-concordant provider. These quasi-experimental longitudinal designs provide stronger evidence of causality than cross-sectional studies while keeping within the bounds of ethical research.

Region. Over half of the studies (k=21, 55.5%) were conducted in a Western state; an additional two multi-site studies included California sites. This West-dominant pattern may bias knowledge about language concordance and health outcomes. This is problematic, as region-specific factors could influence health outcomes. To illustrate, California (represented in k=20, 52.6% of studies in this review) leads the most comprehensive state-level effort to prohibit national origin discrimination, which includes discrimination based on language service access (Youdelman, 2008). Findings from these contexts may not generalize to contexts where protections are less comprehensive. This is particularly important when considering the emergence of 'new immigrant destinations' – destinations previously not considered major immigrant hubs that are experiencing rapid growth in their immigrant population. Certain new

Language Concordance and Health Outcomes 9

destinations (e.g., Raleigh-Durham, NC, and Indianapolis, IN) are experiencing immigrant growth rates that triple the national rate (Singer, 2015). Further, around half of immigrants living in new destinations have LEP (Terrazas, 2011). These rapid demographic changes challenge new destinations to adapt their healthcare systems to deliver equitable care. In adapting, these destinations become 'natural experiments' in which quasi-experimental longitudinal designs could examine how the introduction of language-concordant care might influence the health of their new immigrant communities.

Healthcare setting. The majority of studies (k=21, 55.2%) sampled from a general outpatient/primary care clinic. An additional five (of six) multi-site/other studies sampled from a general outpatient/primary care setting in addition to another setting (e.g., emergency/urgent care). Thus, general outpatient/primary care clinics were represented in over half (k=21, 55.2%) of the studies. As general outpatient/primary care is usually the first point of contact in healthcare, continued research in these settings is critical. However, the effects of languageconcordant care in specialty settings remains understudied.

#### Patient characteristics

Age, gender, and race/ethnicity. Participants' mean/median age ranged from 29 years [6] to 68 years [31]. In the 34 studies that reported gender, women were the majority in 31 (81.6%). The most widely represented racial/ethnic group was Hispanics/Latinos (k=21, 55.2%). Notably, twelve studies (31.6%) did not report patient race/ethnicity. In some cases, race/ethnicity could be inferred through language (e.g., Vietnamese-speaking patients are likely Asian), whereas this inference was more difficult with languages commonly spoken across groups (e.g., Hispanic Whites and Hispanic Blacks). Race/ethnicity data are critical for characterizing samples,

determining the generalizability of results, and assessing the unique and combined effects of race/ethnicity and language concordance on health outcomes (National Research Council, 2004).

Immigrant status. While 14 studies (36.8%) reported on immigrant status, the remaining (*k*=24, 63.2%) did not. Immigrant status is an important social determinant of health (Castañeda et al., 2015) and 81% of individuals with LEP are immigrants (Zong & Batalova, 2015a). While LEP may be a proxy for immigrant status, the two are not interchangeable. In fact, immigrant status could influence the effects of language concordance on health outcomes. For example, U.S.-born individuals with LEP may benefit from U.S.-citizenship status, which is linked to higher health insurance coverage rates (Goldman, Smith, & Sood, 2005). Similarly, factors associated with being foreign-born may exert a health-protective effect, although evidence for this 'immigrant health paradox' is mixed (Teruya & Bazargan-Hejazi, 2013). The complex relationship between immigrant status and health underscores the importance of collecting immigrant status data.

Language spoken. Spanish was the most represented language across studies (k=28, 73.7%), followed by Chinese (k=7, 18.4%) and Vietnamese (k=5, 13.2%). According to the 2013 American Community Survey, 44% of the 37 million Spanish-speaking people in the U.S. have LEP. Thus, when it comes to the total number of people with LEP, Spanish ranks first. Chinese ranks second with nearly 3 million speakers in the U.S., 55% of whom have LEP. However, while Vietnamese ranks fourth in total number of speakers, Vietnamese ranks first in proportion of speakers who have LEP (60%). Therefore, the likelihood that someone who speaks Vietnamese also requires care in Vietnamese is greater.

# Provider characteristics

Type. Twenty-one (55.3%) studies specified a physician as the provider (studies using the word 'provider' without further elaboration were classified as referring to physicians). Few studies asked about the physician in tandem with another healthcare professional, such as a nurse. As healthcare continues to adopt collaborative care models, wherein teams of diverse providers care for the same patient (Reiss-Brennan et al., 2016), it becomes increasingly important to acknowledge patients' relationships with non-physician providers.

Race/ethnicity. The vast majority (*k*=30, 78.9%) of studies did not report information on provider race/ethnicity. The available evidence, although limited, suggests that language-concordant providers are more racially/ethnically diverse than the general population of providers (DataUSA, 2018). Racial/ethnic minority physicians are more likely to care for racial/ethnic minority patients, practice in underserved areas, and care for poor patients and those with Medicaid or no insurance (Cooper & Powe, 2004) – all which tend to be characteristics of populations with LEP (Kaiser Family Foundation, 2012). Likewise, minority patients prefer ethnic-concordant physicians, in part, because of language and empathic treatment concerns (Garcia et al., 2003; Saha et al., 2000). Further, patient-provider race concordance studies often highlight the important role of language in the patient-provider relationship (Shen et al., 2017; Meghani et al., 2009). The reverse is also likely – namely, that provider race/ethnicity is relevant to patients in the context of patient-provider language concordance. Documenting these provider demographics will aid future work comparing the relative contribution of patient-provider racial/ethnic-concordance to language-concordance on health outcomes.

## Language concordance assessment

Informant. Over a third (k=14, 36.8%) of the studies did not specify whether language concordance occurred but instead inferred that language concordance occurred. In a few cases, language concordance was inferred by study design. For example, Dunlap and colleagues (2015) [8] tested associations of language concordance with patient satisfaction and clinical understanding by comparing a Spanish-speaking pediatric surgery clinic to a general pediatric surgery clinic. Here, it is reasonable to infer that patients from the Spanish-speaking clinic received care in Spanish. However, as noted by the authors, patients in the Spanish-speaking clinic may have elected to speak English during the appointment, introducing uncertainty about the determination of language concordance.

More problematic are cases in which studies inferred that language concordance occurred because providers self-reported fluency in a language, thus assuming that clinical encounters between those providers and their patients with LEP were indeed language concordant. This approach is imprecise for two reasons. First, providers could misestimate their own language fluency (Diamond et al., 2014). Further, several studies used hospital hiring records to determine providers' self-reported fluency, and language fluency strengthens or decays over time. Second, regardless of actual language fluency, it is possible that a specific clinical encounter was conducted in English. Identifying these particular encounters as completed in a non-English language would result in misclassification. For these reasons, patient report (e.g., 'Did your provider use your language in the visit today?'), which was used in over a third (k=14, 36.8%) of the studies, is the 'gold standard' for assessing language concordance. For similar reasons, language fluency should be examined from the patient's perspective. Fernandez and colleagues (2011) [12] provide an excellent example of this practice by asking patients, "Without using an

interpreter, how well does your personal physician speak your language?" and permitting patients to select from a list of six responses ranging from "does not speak my language" to "very well."

Classifying language-concordant and language-discordant groups. Several studies included patient-provider dyads that communicated through an interpreter (classified as language discordant). Multiple studies also sampled dyads that communicated directly in English ('English-English'), classifying this group as language concordant. Variation in inclusion/exclusion of interpreter use and English-English groups often resulted in multiple comparisons, for a single outcome, within a single study. Therefore, the present results are interpreted at the level of the individual outcome (n=203).

Interpreter use dyads were most often classified as language discordant, as 116 outcomes (57.1%) included them in the language-discordant group whereas only 15 outcomes (7.4%) excluded them from this group, and 176 outcomes (86.7%) excluded them from the language-concordant group. The number of outcomes that classified English-English dyads as language concordant (n=103, 50.7%), as compared to those that did not (n=90, 44.3%), were similar. No information was provided on classification criteria for this group for 10 (4.9%) outcomes. This could have important implications, as English-English dyads could be inflating detected associations (e.g., English-English dyads reporting better understanding their providers' discharge instructions). Therefore, we conducted a subanalysis of the 90 associations from 20 studies that did not include English-English dyads in the language concordant group to examine whether the inclusion of English-English dyads meaningfully changed the results.

#### Outcome assessment

Patient report was used to measure 135 (66.5%) outcomes. Only one study [5] of patientprovider agreement collected outcome measures from providers. The lack of provider-reported outcomes for interpersonal processes of care is important, as previous research demonstrates a reciprocal relationship between patients' and providers' thoughts and actions (LeBlanc et al., 2009; Street, Gordon, & Haidet, 2007). Yet, this review indicates that providers are often excluded from the equation, thus limiting our understanding of possible mechanisms underlying patients' reported interpersonal processes of care outcomes.

## Associations between language concordance and patient behaviors

Patient behaviors were examined across 23 outcomes from nine studies [3, 7, 11, 18, 19, 21, 24, 25, 34]. Six (26.1%) of these associations were significant and favored languageconcordant care: 17 (73.9%) detected no association (Table 4).

Within specific patient behaviors, the evidence consistently suggests that medication adherence is not associated with patient-provider language concordance [7, 11, 24, 34]. Of note, these studies examined adherence to cardiovascular disease (CVD) or asthma medication. This pattern was found across objective and self-report adherence measures, and three [11, 24, 34] of four studies measured medication adherence longitudinally. Evidence for other adherence is mixed, with some evidence that language concordance is associated with keeping follow-up appointments for outpatient care [21, 24], perhaps because patients receiving languageconcordant care develop better interpersonal relationships with their providers; however, findings for diabetes self-care are mixed [7]. Finally, evidence for other patient behaviors is also mixed: there is some support for the relationship between language concordance and patientinitiated questions [19] and disclosure of complementary health approaches [3], suggesting

language concordance fosters patient-initiated communication, but no association between language concordance and going to a usual source of care for healthcare needs [25].

# Associations between language concordance and provider behaviors

Provider behaviors were examined across 29 outcomes from eight studies [2, 4, 6, 9, 18, 23, 27, 31]. Eight (27.6%) associations were significant and favored language-concordant care; 21 (72.4%) detected no association.

Evidence leans toward supporting no association between language concordance and timeliness of treatment. However, this was assessed in two studies of patients with stroke-mimics (e.g., seizures misdiagnosed as stroke; [31]) and cancer screening abnormalities [4], both of which are high-stakes situations. The association remains unknown for lower-stakes situations, such as increasing medication dosage for chronic conditions. Evidence leans toward supporting no association between language concordance and risk factor assessment (e.g., family risk factor assessment) [2, 6] or provision of services (e.g., providing health education) [2, 27, 6, 9, 23]. Finally, one study [18] detected no association between language concordance and overutilization of resources, but findings from this single study should be replicated.

#### Associations between language concordance and interpersonal processes of care

Outcomes related to interpersonal processes of care represented almost half (n=97, 47.8%) of the total outcomes sample across 17 studies [1, 2, 5, 7, 8, 13, 15, 16, 18, 19, 22, 25, 27, 30, 32, 36, 38]. Forty-nine (50.5%) of these associations were significant and favored language-concordant care, one (1%) was significant and did not favor language-concordant care, and the remaining 47 (48.5%) detected no association.

Interpersonal style includes positive relational attributes such as respect and trust, as well as negative attributes such as discrimination. Evidence leaned toward supporting a positive

association [1, 7, 13, 15, 19, 22, 25, 27, 32]; however, there was an interesting pattern wherein language concordance was associated with lower perceived discrimination when asking patients to specifically consider discrimination related to accent or language [15, 32], but not when considering discrimination in general [19, 32]. Future research could differentiate perceived language discrimination versus other discrimination forms to better understand the mechanisms underlying poor patient-provider relationships.

As can been seen in Table 4, evidence for communication/information quality (e.g., 'Did you have a difficult time understanding your provider?) [7, 8, 13, 15, 16, 19, 22, 25, 32, 38] favored language concordance. Specifically, 12 (66.7%) associations favored language concordance [7, 8, 13, 15, 19, 22, 38], while 6 (33.3%) did not [16, 25, 32]. Evidence for satisfaction (e.g., with provider) [8, 13, 15, 16, 18, 22, 27, 30] was mixed. Specifically, 7 (50%) of the associations favored language-concordant care [8, 13, 15, 18, 22] and 7 (50%) detected no association [13, 16, 18, 22, 27, 30]. The evidence leans towards supporting no association between language concordance and shared decision-making (e.g., 'Did your provider involve you in decisions?') [2, 7, 25, 32], spending enough time with the patient [1, 13, 32], and other interpersonal processes of care (e.g., therapeutic alliance) [2, 5, 16, 22, 25 36]. Finally, evidence leans toward supporting a positive association between language-concordant care and ratings of provider's listening skills or feeling understood [13, 16, 22, 32].

# Associations between language concordance and clinical outcomes

Clinical outcomes were examined across 54 outcomes from 17 studies [6, 10, 12, 14, 17, 18, 20, 23, 26, 28, 29, 30, 31, 33, 35, 37]. Sixteen (29.6%) of these associations were significant and favored language-concordant care, four (7.4%) were significant and did not favor languageconcordant care, and the remaining 34 (63%) detected no association.

Evidence consistently suggests no association between language concordance and assessments and procedures [6, 10, 20, 23, 29, 31, 33, 37]. Within cancer screens, however, evidence suggests a possible negative relationship with colorectal cancer (CRC) screens [9, 20]. One avenue for future research is to conduct qualitative studies with patients and providers to uncover reasons underlying this negative relationship. While evidence does not support an association between language concordance and tetanus or flu vaccinations [10, 20], other vaccinations – such as vaccinations for children – should be examined in future studies.

Evidence for risk factor control leaned toward supporting a positive association [12, 17, 26, 28] with evidence for improvements in glycemic control [26, 28] and low-density lipoprotein cholesterol [12, 26, 28] in patients with diabetes. A key next step is to determine whether this important finding extends to other risk factors and chronic disease patient populations.

For emergency department visits/hospitalizations, evidence was mixed [14, 17, 18] and may depend on the reason for admittance. Finally, for other clinical outcomes (e.g., length of hospitalization), the evidence was also mixed [14, 18, 30, 35].

## Subanalysis Excluding English-English Dyads

Removing English-English dyads seemed to have an effect on three of the four domains, but in different directions (see supplemental online Table 1). Specifically, the percentage of associations in favor of language concordance decreased 9.5% for patient behaviors and 9% for clinical outcomes, while the percentage of associations in favor of language concordance increased 18.6% for provider behaviors (and 1.1% for interpersonal processes of care).

Nevertheless, results remained split between supporting a positive association versus no association of language concordance with patient behaviors (16.6% vs. 83.3%), provider behaviors (46.2% vs. 53.8%), interpersonal processes of care (51.6% vs. 48.4%), and clinical

Language Concordance and Health Outcomes 18

outcomes (20.6% vs. 67.6%). Overall, associations across the four domains remained in the same direction.

DISCUSSION

Studies of patient-provider language concordance and health outcomes are largely cross-sectional, concentrated in Western states, conducted in primary care settings, and focused on Spanish-speaking patients and physician providers. Findings regarding the associations of language concordance with the global health outcome domains of this systematic review (patient behaviors, provider behaviors, interpersonal processes of care, and clinical outcomes) split between favoring language-concordant care (26-51% of outcomes) and detecting no association (49-74% of outcomes; see Table 4). Thus, at present, there is some intriguing evidence of a potential salutary effect of language-concordant care for each global health outcome domain. It should be noted that this literature is fraught with methodological limitations, some of which would increase the likelihood of obtaining null results and may explain the relatively high number of null results. Of particular relevance in this regard are inconsistencies in the definition, classification, and assessment of language concordance. It is also worth noting that there was virtually no evidence of a potential deleterious effect of language-concordant care.

At the health outcome subdomain level, the available evidence indicates that language concordance is consistently not associated with medication adherence, provision of services, or assessments and procedures. It also leans towards supporting no association between language concordance and timeliness of treatment, risk factor assessment, patient ratings of shared decision-making, and spending enough time with the patient. Conversely, the available evidence leans towards supporting associations between language-concordant care and better patient ratings of provider interpersonal style, communication/information quality, listening skills and

feeling understood, and better risk factor control. At present, evidence for the remaining subdomains is either mixed or lacking. Based on these results and the methodological limitations identified in this literature, we present an evidence map, identify knowledge gaps, and propose a future research agenda.

## Evidence map

Our evidence map presented in Figure 3 provides a roadmap of the potential relationships between patient-provider language concordance and health outcomes based on the reviewed evidence. The intentions of this map are to: (1) raise awareness about the existing breadth of knowledge regarding language concordance-health outcome relationships, and (2) direct attention to unexamined gaps in this literature. As such, the figure includes a number of potential topics (in italics) for future research.

## Future research agenda

An important finding of our review is that key methodological limitations currently prevent strong scientific inferences from being drawn regarding the links between language concordance and health outcomes and may be contributing to the relatively high number of null results. Because we believe that a future research agenda that addresses these limitations should be adopted, we propose such an agenda with specific recommendations. Overall, the most important next steps are to:

1. Conduct quasi-experimental longitudinal studies or cluster-RCTs examining changes in health outcomes following care from a language-concordant providers. The temporal relationship between language concordance and health outcomes remains unknown, as the majority of studies were cross-sectional in design. Quasi-experimental longitudinal studies and cluster randomized

controlled trials provide stronger evidence of causality while keeping within the bounds of
ethical research. If not possible, collect longitudinal data for observational designs.
2. Increase research in 'new immigrant destinations' and with underrepresented languages. 'New
immigrant destinations' provide excellent opportunities to conduct quasi-experimental
longitudinal studies, as these destinations become 'natural experiments' in which researchers
could examine how the introduction of language-concordant care might influence the health of
the new immigrant community. Further, increasing the representation of other languages with
high proportions of speakers with LEP will improve the relevancy of the evidence to the general
population with LEP.
3. Exclude patients who elect to speak with their providers in English or through an interpreter.
The literature lacks a consistent definition of 'language-concordant care' (i.e., studies group
English-English and interpreter use dyads with individuals who speak directly to their providers
in a non-English language). Analyses excluding patients who elect to speak with their providers
in English or through an interpreter will clarify the extent to which these variables might be
influencing observed associations.
4. Verify language concordance and language fluency through patient report. Assessing language
concordance via sources other than the patients themselves introduces uncertainty about
assessment precision, while measuring language concordance as a dichotomous variable likely
masks considerable variance in language fluency. Confirming that patients understand the care
received in their preferred languages will help improve assessment accuracy and assure that
those with LEP actually receive the services they need.
5. Document race/ethnicity, immigrant status, and language spoken. Providing limited
information on these patient factors limits knowledge of the unique and combined effects of

these factors and language concordance on health outcomes. Additional useful information includes country of origin, length of U.S. residence, and provider sociodemographic factors.

6. Test for candidate mechanisms underlying relationships between language concordance and health outcomes. Elucidating mechanisms would identify targets for interventions designs to improve care for people with LEP. The reviewed evidence suggests that proximal changes in interpersonal processes of care may partially mediate the relationship between language concordance and downstream health outcomes. For example, decreasing patient perceptions of language-based discrimination could increase patient participation in decision-making, which, in turn, could result in a more acceptable treatment plan, improved treatment adherence, and better clinical outcomes.

Particular to the last suggestion, data from qualitative studies support the importance of interpersonal processes of care for patients with LEP. For example, in focus groups for Latina mothers using pediatric health services, participants described associating their encounters with bilingual providers with eased communication, improved understanding, and strengthened rapport, whereas they associated encounters facilitated by interpreters as undermining their relationship with the provider and feelings of betrayal. Further, several participants described instances of humiliation and discrimination associated with their language-discordant encounters (Steinberg, Valenzuela-Araujo, Zickafoose, Kieffer, & Decamp, 2016). Similarly, in focus groups with low-income Spanish-speaking women, participants receiving care in both English and Spanish described associating Spanish-speaking providers with clear communication, security, and trust. Further, while participants reported an appreciation for the interpretation services they received when with language-discordant providers, many nevertheless associated their communication with language-discordant providers to be poor, citing perceived insufficient

or miscommunicated provision of health information by the provider (Simon et al., 2013). In light of the reviewed evidence and these qualitative findings, there is intriguing evidence suggesting improvements in interpersonal processes of care may be one mechanism linking language concordance to improvements in other health outcomes. As previously described, over half of the reviewed evidence used cross-sectional data, and these designs are unable to test for these mechanisms. This limitation may be an important factor contributing to the conflicting findings detected in this review.

## Limitations of the present review

Several limitations should be considered. First, because we included only peer-reviewed articles, publication bias is possible. Second, we did not exclude studies based on how the language concordance groups were defined. As such, studies that included English-English dyads and interpreter use dyads were included among selected studies. Although this allowed us to raise awareness of this methodological limitation and offer a specific recommendation for future studies, it likely also created ambiguity regarding the true relationship between language concordance and health outcomes specifically among people with LEP. Third, there was substantial heterogeneity in study quantity and quality within each examined health outcome domain. While our comprehensive qualitative approach provided a critical overview of the evidence base and informed our future research agenda, meta-analyses with focused research questions should be considered as the literature matures (i.e., when there is a sufficient number of studies in a focused area, such as medication adherence). This systematic review is designed to stimulate and improve the rigor of future research so that such meta-analyses will become possible.

## Research and clinical implications

This review evaluated the state of the literature on language concordance and health outcomes, identified key limitations and gaps, proposed specific strategies to address them, and provided an organizing map of the evidence. Figure 3 provides a roadmap of the research areas that have and have not received attention, while the research agenda lays the groundwork for designing successful future studies in these areas. It is our hope that this review will stimulate rigorous, clinically relevant research on language concordance-health outcome relationships that ultimately inform clinical practice and policy.

Concerning clinical practice and policy implications, we acknowledge that challenges associated with recruiting and retaining bi- and multi-lingual healthcare providers remain. The use of professional interpreters continues to be essential, especially for less prevalent languages, and several other systematic reviews support the effectiveness of this practice (i.e., Flores, 2005; Karliner et al., 2007; Bauer & Alegría, 2010; Silva et al., 2016). The results of our review on language-concordant care are also promising and can increase providers' awareness of the potential importance of this method for providing care to people with LEP. Based on the results of this review, policymakers should encourage healthcare organizations to collect information on their patients' preferred languages and to adopt more rigorous methods of documenting whether language-concordant care was achieved, such as by confirming with the patients rather than with the providers.

#### Final conclusions

Providing high-quality healthcare to an increasingly diverse patient population is a major U.S. public health priority. People with LEP face significant barriers to achieving and maintaining good health. Facilitating patient-provider language concordance is one potential

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mechanism for addressing the significant and deleterious impact of language barriers in
healthcare. While the available evidence is largely mixed and limited by methodological issues,
there is a critical need for rigorous, clinically relevant research to enhance our understanding of
the importance and potential benefits of patient-provider language concordance in improving
healthcare and outcomes for the growing and vulnerable population of people with LEP.
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Table 1. Characteristics of 38 Included Studies Examining Patient-Provider Language Concordance and Health Outcomes

	k	%		k	%
Study Characteristics			Patient Characteristics (cont.)		
Year of publication			Immigrant status		
1985-2005	9	24	Reported	14	37
2006-2010	10	26	Not reported	24	63
2011-2015	13	34	Language spoken <sup>b</sup>		
2016-2017	6	16	Spanish	28	74
Sample size			Chinese	7	18
< 200	8	21	Vietnamese	5	13
200 - 999	17	45	Russian	3	8
1000 -1999	6	16	Portuguese	3	8
2000 -9999	4	11	Haitian Creole	2	5
10000 - 30000	3	8	No restriction	3	8
Study design			Other languages <sup>d</sup>	1	3
Cross-sectional	21	55			
Cohort	13	34	Providers Characteristics		
Intervention	4	11	Туре		
Region			Physician	21	5:
Northeast	11	29	Physician or nurse	7	13
Midwest	1	3	Physician and healthcare team	3	
South	1	3	Patient navigator	2	
West	21	55	Behavioral health care provider	1	
National	2	5	Usual source of care	3	;
More than one	2	5	Not reported	1	
Healthcare setting			Race/ethnicity <sup>b</sup>		
General outpatient/primary care	21	55	Hispanic/Latino	8	2
Inpatient	1	3	Asian	6	1
Specialty clinic	5	13	African American/Black	4	1
None (e.g., phone survey)	5	13	White	7	18
Other/multiple	6	16	Other <sup>c</sup>	3	8
			Not reported	30	79
Patient Characteristics					
Age <sup>a</sup>			Language Concordance Assessment		
Age < 65	31	82	Informant		
Not reported	3	8	Patient report	14	3
Gender			Hospital records or third party	3	
Female 0-49% of sample	3	8	Multiple	3	;
Female 50-100% of sample	31	82	Not reported/not clear	18	4
Not reported	4	11			
Race/ethnicity <sup>b</sup>			Outcome Assessment <sup>e</sup>		
Hispanic/Latino	21	55	Informant		
Asian	10	26	Patient report	135	6
African American/Black	8	21	Hospital records or third party	68	3
White	12	32	Patient and provider report	6	
Other <sup>c</sup>	8	21			
Not reported	12	32	n coross all studies. (Other entegers used in some		

*Note.* <sup>a</sup>Mean/median/largest range. <sup>b</sup>Results presented as representation across all studies. <sup>c</sup>Other category used in some studies to capture participants that did not fall a designated race/ethnicity category (e.g., multiracial participants) while other studies used the Other category as a catch-all term for participants that did not fall into the racial/ethnic category of the specific group being studied (e.g., White versus Other, including Black, Asian, etc.) <sup>d</sup>Other languages include Armenian, Cambodian, Farsi, Hmong, Tagalog, and Serbo-Croatian, each represented in k = 1 study. <sup>e</sup>Results presented at the level of individual outcomes, n = 203.

Table 2. Methodological Details for the 38 Included Studies Examining Patient-Provider Language Concordance and Health Outcomes

Ref.	First author, year	Study setting, characteristics	Participant characteristics	Language(s)	Language concordance informant; definition	Outcome domain; informant; description	# of outcomes represented in review, # significant
1	Baker (1998)	Cross-sectional study of patients visiting an emergency department in CA	N = 457, median age = 36, % female = 69	Spanish	Patient report; not needing an interpreter	Process; patient report; interpersonal aspects of care	10, 9
2	Boudreau (2010)	Cross-sectional study of patients visiting a community health clinic in MA	N = 438, most populated age range = 25-34, % female = 86.2	Spanish and Other	Patient report; What language do you speak with the doctor or nurse of your child?	Process and provider behavior; patient report; quality of child well-care	8, 0
3	Chao (2015)	Prospective cohort study of patients visiting a safety net primary care clinic in CA	N = 132, mean age = 56, % female = 76.5	Spanish and Chinese	Patient report; how well regular physician spoke Spanish/Cantonese?	Patient behavior; patient self; disclosure of complementary health approaches	1, 1
4	Charlot (2015)	Prospective cohort study of patients visiting a community health clinic in MA	N = 1257, most populated age range = 40-59, % female = 100	Spanish, Vietnamese, and Other	Not reported; patients and patient navigators who were able to communicate in the same language	Provider behavior; hospital records; time to diagnostic resolution for breast cancer and cervical cancer screening abnormalities	8, 2
5	Clark (2004)	Prospective cohort study of patients visiting an internal medicine or family medicine clinic in NM	N = 427, mean age = 48, % female = 67	Spanish	Patient report; whether physician fluently spoke in native language at visit	Process; patient and provider report; patient-provider agreement about recommended changes in patient health behavior	6, 2
6	de Bocanegra (2011)	Cross-sectional study of patients visiting a general outpatient/primary care or family planning/reproductive health clinic in CA	N = 1589, mean age = 56, % female = 88.8	Spanish	Not reported; clinician proficiency in patient's primary language	Provider behavior and clinical outcome; hospital records; reproductive health counseling and chlamydia testing	10, 3

7	Detz (2014)	Cross-sectional study of patients visiting a safety net clinic in CA	N = 250, mean age = 54.4, % female = 58	Spanish	Not reported; providers asked to rate own Spanish fluency	Patient behavior and process; patient report; interpersonal aspects of care and diabetes care	10, 6
8	Dunlap (2015)	Prospective cohort study of patients visiting a pediatric surgery clinic in CA	N = 177, age = NR, % female = NR	Spanish	Not reported; Spanish-speaking families who communicated directly with their medical team at the Hispanic Clinic for Pediatric Surgery	Process; patient report; satisfaction and clinical understanding	2, 2
9	Eamranond (2009)	Retrospective cohort study of patients visiting a general outpatient/primary care or community health clinic in MA	N = 306, mean age = 52.6, % female = 62.6	Spanish	Not reported; whether primary care provider could converse fluently in Spanish	Provider behavior; hospital records; lifestyle counseling	3, 2
10	Eamranond (2011)	Retrospective cohort study of patients visiting a general outpatient/primary care or community health clinic in MA	N = 306, mean age = 52.6, % female = 62.6	Spanish	Not reported; whether primary care provider could converse fluently in Spanish	Clinical outcome; hospital records; primary care screening	7, 2
11	Fernández (2017)	Cross-sectional study of patients visiting an integrated care clinic in MA	N = 3205, mean age = 55.6, % female = 46.6	Spanish	Not reported; providers asked to rate own Spanish fluency	Patient behavior; hospital records; diabetes medication nonadherence	5, 0
12	Fernandez (2011)	Cross-sectional study of patients visiting an integrated care clinic in MA	N = 252, mean age = 56.8, % female = 71.8	Spanish	Patient report; without using an interpreter, how well personal physician speaks patient's language?	Clinical outcome; hospital records; poor glycemic control	1, 1
13	Gany (2007)	Randomized controlled trial of patients visiting a general outpatient/primary care	N = 1276, most populated age range = 34-64, % female = 50.9	Spanish and Chinese	Not reported; provider asked to assess language abilities	Process; patient report; satisfaction with provider communication/care	9, 6

		clinic or emergency department in NY					
14	Goncalves (2013)	Cross-sectional study of patients visiting a behavioral health clinic in MA	N = 1328, most populated age range = 35-54, % female = 73.3	Portuguese	Not reported; any Portuguese- speaking patient with a visit to the Portuguese Mental Health Program	Clinical outcome; hospital records; adequate mental health treatment	3, 1
15	González (2010)	Cross-sectional study of respondents from a nationally- representative survey	N = 2921, mean ag = 40.6, % female = 46.6	Spanish	Patient report; preference for English or Spanish and appointment usually done in English or Spanish	Process; patient report; confusion, frustration, or language-related poor quality ratings, overall quality of care	4, 4
16	Green (2005)	Cross-sectional study of patients visiting a community health clinic in NY, MA, TX, CA, or WA	N = 2715, mean age = 53.4, % female = 67.5	Chinese and Vietnamese	Patient report; what language did your doctor or nurse speak to you?	Process; patient report; communication and visit ratings	6, 2
17	Hacker (2012)	Retrospective cohort study of patients visiting a general outpatient/primary care clinic in MA	N = 1425, most populated age range = 70+, % female = 61.1	Portuguese, Haitian Creole, Spanish, Other/Unknown	Not reported; provider asked to report language fluency during hiring process	Clinical outcome; hospital records; diabetes-related health	4, 1
18	Jacobs (2007)	Prospective cohort study of patients in an inpatient unit in IL	N = 323, mean age = 48.4, % female = 51.8	Spanish	Provider report and objective testing; providers reported practicing in Spanish-speaking country who indicated they conducted the visit in Spanish OR scored proficient on American Council on the Teaching of Foreign Languages oral proficiency interview	Patient behavior, provider behavior, process, clinical outcome; patient report and hospital records; resource utilization, patient satisfaction, emergency department visits/hospitalizations and adherence to follow-up appointments	9, 3

19	Jaramillo (2016)	Prospective cohort study of patients visiting a pediatric surgery clinic in CA	N = 156, age = NR, % female = NR	Spanish	Other (bilingual research assistant coded interactions); Spanish speaking without an interpreter	Patient behavior and process; patient report and research assistant coding; communication and patient-initiated questions	4, 2
20	Jih (2015)	Cross-sectional study of respondents from a nationally- representative survey	N = 1884, mean age = 53.2, % female = 100	Spanish and Chinese	Patient report; provider communicated in same language as patient and patient did not have difficulty understanding their provider	Clinical outcome; patient report; preventive care services	6, 1
21	Lasser (2005)	Cross-sectional study of patients visiting a general outpatient/primary care clinic in MA	N = 28745, most populated age range = 18-40, % female = 61.3	Portuguese, Haitian Creole, Spanish	Not reported; providers asked to rate own fluency/whether they were a native speaker	Patient behavior; hospital records; missed appointment	1, 1
22	Lee (2002)	Prospective cohort study of patients visiting an urgent care clinic in CO	N = 536, median age = 32, % female = 65	Spanish	Not reported; Spanish-Spanish and English-English speaking dyads	Process; patient report; satisfaction with provider communication/care	24, 11
23	Leng (2011)	Randomized controlled trial of patients visiting a general outpatient/primary care clinic in NY	N = 191, age = NR, % female = NR	Spanish and Chinese	Patient and provider report; both patient and provider reported proficiency and jointly decided not to use an interpreter	Provider behavior and clinical outcome; hospital records; receipt of referral for tuberculin testing and completion of tuberculin testing	2, 0
24	Manson (1988)	Retrospective cohort study of patients visiting a general outpatient/primary care clinic in NY	N = 59, mean age = 55.8, % female = 94.9	Spanish	Not reported; patients with providers who spoke fluent or near fluent Spanish	Patient behavior; hospital records; medication adherence and missing appointments	2, 1
25	Martin (2009)	Cross-sectional study of respondents from a	N = 20052, most populated age range = 0-	No restriction	Patient report; usual source of care	Patient behavior and process; primary care experiences	11, 1

		26nationally- re27presentative survey	65, % female = NR		speaks the same language		
26	Mehler (2004)	Retrospective cohort study of patients visiting a general outpatient/primary care clinic or emergency department in CO	N = 55, mean age = 65.4, % female = 58.1	Russian	Not reported; hospital record of patient inability to converse in English matched with Russian-speaking resident	Clinical outcome; hospital record; metabolic control	4, 3
27	Ngo- Metzger (2007)	Cross-sectional study of patients visiting a community health clinic in NY, MA, TX, CA, or WA	N = 2746, mean age = 53.8, % female = 66.7	Chinese and Vietnamese	Patient report; what language did doctor or nurse speak during most recent exam?	Provider behavior and process; patient report; receipt of health education and ratings of interpersonal care and satisfaction with provider	3, 2
28	Parker (2017)	Single group pre-post intervention study of patients visiting a general outpatient/primary care clinic in CA	N = 863, most populated age range = 45-64, % female = 52.3	Spanish	Hospital record data; provider-rated fluency in Spanish OR evidence from utility data that provider delivered care in Spanish without the aid of an interpreter	Clinical outcome; hospital records; glycemic control	4, 2
29	Percac- Lima (2012)	Single group pre-post intervention study of patients visiting a community health clinic in MA	N = 91, mean age = 54, % female = 100	Serbo-Croatian	Not reported; bilingual patient navigator matched to identified Serbo- Croatian patient	Clinical outcome; hospital records; mammogram	1, 1
30	Pérez- Stable (1997)	Cross-sectional study of patients visiting a general outpatient/primary care clinic in CA	N = 236, most populated range = 65-94, % female = 54.2	Spanish	Hospital record data; provider report of Spanish ability, rated understanding of Spanish language, minimum frequency of Spanish use in	Process and clinical outcome; patient report; physical/psychological functioning and wellbeing, health perceptions pain, and satisfaction with provider	12, 7

clinical interaction
of 4x a week

Rostanski   Retrospective cohort   Study of patients   Spanish, visiting an emergency department in NY   Spanish, visiting an emergency department in NY   Spanish, visiting an emergency department in NY   N = 36, mean integrated care clinic in CA   N = 363, mean integrated care clinic in CA   N = 364, % female = 62.3   Not reported; provider askale to report language fluency   Provider behavior; patient striking an integrated care clinic in CA   N = 363, mean integrated care clinic in CA   N = 359, most populated range = 50.44, % female = 50.9   Not reported   Provider behavior; hospital records; stroke mimic treatment and time to stroke mimic treatment and without using an integrated care clinic in CA   N = 359, most populated range = 50.64, % female = 50.9   Not reported   Provider behavior; hospital records; stroke mimic treatment and without using an integrated care clinic in CA   N = 359, most populated range = 50.64, % female = 50.9   Not reported   Provider spoke same integrated care clinic in CA   N = 17750, mean age = 60.1, % female = 50.1, % female = 50.2, % female = 81 workers' social networks in CA   N = 488, mean of patients visiting an entry of patients visiting an entry of patients visiting an entry of patients visiting and entr								
Carried   Carr	31		study of patients visiting an emergency	age = $67.9$ , %	Russian, and	provider asked to report language	hospital records; stroke mimic treatment and time to stroke mimic	2, 0
Sentell (2013)   Of respondents from a statewide survey in CA   Statewide survey in CA   Statewide survey in CA (2010)   Of patients visiting an integrated care clinic in CA   Statewide survey of patients visiting a comparison of patients visiting a general outpatient/primary care comparison of patient visiting and provider visiting and provider visiting and patient visiting and provider visiting a	32		of patients visiting an integrated care clinic in	age = $58.4$ , %	No restriction	without using an interpreter, how well personal physician speaks	patient satisfaction with provider	10, 3
(2010) of patients visiting an integrated care clinic in CA	33		of respondents from a	populated range = 50-64, % female =	Not reported	Patient report; provider spoke same non-English	patient report; colorectal cancer	1, 0
of patients recruited from lay health workers' social networks in CA  36 Villalobos (2016) Of patients visiting a general outpatient/primary care clinic in AR  37 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  38 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  30 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  30 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  30 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  31 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  31 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  31 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  32 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  33 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  34 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  35 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  36 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  37 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  38 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  30 Walsh (2009) Of patients visiting a general outpatient/primary care clinic in AR  39 Walsh (2009)	34		of patients visiting an integrated care clinic in	mean age = 60.1, % female	Spanish	provider asked to report language fluency during	hospital records; cardiovascular disease	4, 1
of patients visiting a general female = 84.1  Walsh Cross-sectional study N = 808, mean (2009) of patients visiting a general female = 64.7 general outpatient/primary care outpatient/primary care female = 64.7 colorectal cancer screen	35	, ,	of patients recruited from lay health workers' social	age = $62.2$ , %	Chinese	language usually spoken by provider	patient report; rated	1, 0
(2009) of patients visiting a age = 60.8, % patient report; general female = 64.7 colorectal cancer outpatient/primary care screen	36		of patients visiting a general outpatient/primary care	age = $41.4$ , %	Spanish			1, 0
	37		of patients visiting a general outpatient/primary care	age = $60.8, \%$	Vietnamese	Not reported	patient report; colorectal cancer	3, 0

% female = Farsi, Hmong, medical situation 58.6 Korean, Mandarin, Russian, Spanish, Tagalog, Vietnamese	38	Wilson (2005)	Cross-sectional study of respondents from a statewide survey in CA		Korean, Mandarin, Russian, Spanish, Tagalog,	Patient report; does your doctor speak patient language?	Process; patient report; difficulty understanding a medical situation	1, 1
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Note. CA = California; MA = Massachusetts; NM = New Mexico; NY = New York; TX = Texas; WA = Washington; IL = Illinois; CO = Colorado; AR = Arkansas; NR = not reported.

Table 3. Major Findings and Limitations for the 38 Included Studies Examining Patient-Provider Language Concordance and Health Outcomes

	guage Concordance and Health Outcor	
First author, year	Major findings	Limitations
Baker (1998)	LC was positively associated with patient satisfaction scores on most to all interpersonal aspects of care (compared to LD-I and LD, respectively).	Cross-sectional study, limited to CA, English-English dyads included in language concordant group
Boudreau (2010)	LC was not associated with reports of higher-quality well-child care among Latino parents.	Low parent response rate, organizational cultural competency may have created a ceiling effect, cross-sectional study, limited to MA, English-English dyads included in language concordant group
Chao (2015)	LC was positively associated with disclosure of complementary health approaches among patients with diabetes.	Only asked about disclosure of complementary health approaches within the past month, limited to CA, English-English dyads included in language concordant group
Charlot (2015)	LC was positively associated with timelier resolution (< 90 days) of cervical cancer screening abnormalities for all language groups. No differences were detected for post-90 day resolutions for screening abnormalities in either the cervical cancer or breast cancer screening abnormality groups for any language group.	Limited to MA, English-English dyads included in language concordant group, did not confirm language concordance as occurring (patient navigators matched to patients so that they could speak the same language)
Clark (2004)	LC was positively associated with likelihood of agreement about exercise, but negatively associated with likelihood of agreement about medications. No differences were detected for other agreement outcomes (stress, diet, smoking, weight).	Convenience sample, limited to NM, English-English dyads included in language concordant group
de Bocanegra (2011)	LC was positively associated with the provision of reproductive health counseling. No differences were detected for sexually transmitted infection risk assessment or chlamydia testing.	Providers did not consistently document language needs of patients in medical charts (therefore could not extend analysis to Spanish-speaking patients who saw an English-speaking provider without an interpreter), cross-sectional study, limited to CA, did not confirm language concordance as occurring (provider asked to rate fluency)
Detz (2014)	LC was positively associated with more favorable ratings on most interpersonal aspects of care and one measure of diabetes self-care (foot care). No differences were found for ratings on discrimination or other aspects of diabetes self-care (healthy eating, self-monitoring, and medication adherence).	Diabetes self-care based on patient self-report, cross-sectional study with convenience sample, limited to CA, did not confirm language concordance as occurring (provider asked to rate fluency)
Dunlap (2015)	LC was positively associated with patient satisfaction scores and overall perceived quality of information transaction.	Convenience sample, limited to CA, very specific study setting (Hispanic Clinic for Pediatric Surgery) which may confound unique effects of language concordance, did not confirm language concordance as

		occurring (assumed through a visit through the Hispanic Clinic for Pediatric Surgery)
Eamranond (2009)	LC was positively associated with provision of diet and physical activity counseling. No differences were detected for smoking counseling.	Small sample size, effects could be due to differences in provider adherence to recommendations in counseling rather than language concordance, limited to MA, did not confirm language concordance as occurring (providers were natives of Latin America or Spain)
Eamranond (2011)	LC was negatively associated with colorectal cancer screens and tetanus vaccinations. No differences were detected for hyperlipidemia screens, diabetes screens, mammographies, breast cancer screens, or influenza vaccinations.	Small sample size, limited to MA, did not confirm language concordance as occurring (providers were natives of Latin America or Spain)
Fernández (2017)	LC was not associated with diabetes medication nonadherence.	Misclassification of LEP was possible because classification is based on administrative data for patient's language preference (i.e., patients could be proficient in English and could have carried out the visit in English), only captures adherence for newly prescribed medication and may not capture those who refused medication in the visit, cross-sectional study, limited to CA, did not confirm language concordance as occurring (provider asked to rate fluency)
Fernandez (2011)	LC was negatively associated with poor glycemic control (HbA1c >9%).	Cross-sectional study, limited to CA, English-English dyads included in language concordant group
Gany (2007)	LC was positively associated with satisfaction with provider communication/care (composite score). Language concordance was positively associated with satisfaction with most provider communication/care scores in subdomain analyses (e.g., clarity).	Limited to NY, English-English dyads included in language concordant group, did not confirm language concordance as occurring (provider asked to rate fluency)
Goncalves (2013)	LC was positively associated with one measure of receiving adequate treatment (> 8 outpatient psychotherapy visits or > 4 outpatient visits of which at least one was a psychopharmacological visit). No differences were detected for two other measures of adequate treatment (ER use among those with a visit for a psychiatric diagnosis, receipt of inpatient care for a psychiatric diagnosis).	Cross-sectional study, limited to MA, very specific study setting (Portuguese Mental Health Program) which may confound unique effects of language concordance, no explicit information given on how English-English dyads were handled, did not confirm language concordance as occurring (assumed through a visit to the Portuguese Mental Health Program)
González (2010)	LC was negatively associated with ratings of frustration, confusion, or perceptions of receiving lower quality of care due to an accent or English language ability. LC was positively associated with overall quality of care.	Outcomes based on last clinical encounter but language concordance determined by asking patient to consider what language their usual appointment visit is conducted in (last clinical encounter may not have been language concordant); cross-sectional

study, English-English dyads included in language concordant group

Green (2005)	LC was negatively associated with having unasked questions about their care or mental health. No differences were detected	Cross-sectional study with convenience sample
	for three other measures of communication (enough time to explain reason for visit, how well provider explained things, given enough information about health) or overall visit rating.	
Hacker (2012)	LC was negatively associated with # of diabetes-related ER visits and overall # of diabetes-related hospitalizations/ER visits. No differences were detected for HbA1c, # of non-diabetes related ER visits, or # of diabetes-related hospitalizations.	Ratio of language concordant physicians to language group was different across languages, records were examined six months later for laboratory readings which may not be a sufficient amount of time to detect changes, limited to MA
Jacobs (2007)	LC was positively associated with patient satisfaction with providers and satisfaction with hospital stay and positively associated with # of ED visits after discharge. No differences were found for patient satisfaction with nursing, patient's adherence to follow-up appointment, patient's length of hospital stay, resource overutilization (provider-ordered specialty consults and provider-ordered radiology tests), or # of hospitalizations after discharge.	Limited to IL
Jaramillo (2016)	LC was positively associated with ratings of communication and # of patient-initiated questions. No differences were found for ratings of trust or perceived discrimination.	Convenience sample, limited to CA, very specific study setting (Hispanic Clinic for Pediatric Surgery) which may have confounded the unique effects of language concordance, English-English dyads included in language concordant group
Jih (2015)	LC was negatively associated with CRC screening among Asians but not Latinos. No differences were detected for mammography or influenza vaccination for Asians or Latinos.	Low response rate, use of preventive services based on patient self-report, patients asked to confirm seeing a provider in the past two years but study was unable to confirm if this was the usual source of care, cross-sectional study, limited to CA
Lasser (2005)	LC was negatively associated with missed appointments.	Cross-sectional study, limited to MA, English-English dyads included in language concordant group, did not confirm language concordance as occurring (provider asked to rate fluency or native speaking status, provider elected to not use an interpreter)
Lee (2002)	LC was positively associated with 4 of 8, and 7 or 8, satisfaction measures (compared to interpretation done through family members and ad-hoc interpreters, respectively). No differences were found	Low survey completion/return rate, limited to CO, English-English dyads included in language concordant group, no information on language concordance informant

	when LC was compared to interpretation done through telephone interpreters.	
Leng (2011)	No differences were detected for provision of referral for tuberculin test nor completion of tuberculin test.	Cross-sectional study, limited to NY, English-English dyads included in language concordant group
Manson (1988)	LC was negatively associated with missing appointments. No differences were detected for medication adherence.	Detected nontherapeutic serum levels (measure of medication nonadherence) may have been due to provider nonadherence to prescribing therapeutic levels or differences in drug bioavailability, limited to NY, small sample size, no information on language concordance informant
Martin (2009)	LC was positively associated with lack of difficulty contacting their usual source of care after-hours. No differences were detected for other primary care experiences (going to USC for new or ongoing health problems, going to USC preventive health care, going to USC for referrals, USC asks about other treatments, USC is difficult to contact by phone, USC has office hours, USC shows respect, USC asks patient on help on deciding on treatment, USC explains options to patient).	Cross-sectional study, English-English dyads included in language concordant group
Mehler (2004)	LC was positively associated with improvements in LDL, HbA1c, and diastolic blood pressure readings. No differences were detected for systolic blood pressure readings.	Limited to CO, small sample size, did not confirm language concordance as occurring (ethnically Russian patients matched with new internist from Russia), limited to single Russian internist
Ngo-Metzger (2007)	LC was positively associated with receipt of health education and ratings of interpersonal care. No differences were detected for ratings of satisfaction with provider.	Limited to those with a visit to primary care in the last month, cross-sectional study
Parker (2017)	LC was positively associated with glycemic control (HbA1c < 8%) and good LDL control (LDL < 100mg/dL). No differences were detected for poor glycemic control (HbA1c > 9%) or good blood pressure control (systolic blood pressure < 140 mm Hg).	Misclassification of Latinos with LEP possible, limited to CA
Percac-Lima (2012)	LC was positively associated with mammographies.	Limited to MA, small sample size, limited to a single patient navigator, did not confirm language concordance as occurring (Serbo-Croatian-speaking patients matched with a single Serbo-Croatian patient navigator from Bosnia), limited to a single Serbo-Croatian-speaking provider

Pérez-Stable (1997)	LC was positively associated with physical and psychological functioning and wellbeing (overall domains) and better health perceptions. LC was negatively associated with pain (overall domain). No differences were detected for certain subdomains or for patient satisfaction.	Low survey completion rate, retrospective review of medical records is a suboptimal method of measuring health care utilization in an open system, Medical Outcomes Study measures not validated for use in a Spanish-speaking sample, cross-sectional study, limited to CA, English-English dyads included in language concordant group
Rostanski (2016)	No differences were detected for stroke mimic treatment or time to stroke mimic treatment.	Misclassification of stroke mimics possible, limited to NY, small sample size, English-English dyads included in language concordant group, did not confirm language concordance as occurring (provider asked to rate fluency)
Schenker (2010)	LC was negatively associated with 3 of 10 ratings of poor provider communication/care (provider not understanding problems with carrying out treatment regimen, lack of confidence in provider, perception of poor treatment due to language). No differences were detected for 7 other measurements.	Cross-sectional study, limited to CA
Sentell (2013)	No differences were detected for completed colorectal cancer screens.	Cancer screening history based on patient self-report, sample with LEP small, cross- sectional study, limited to CA, did not report provider type
Traylor (2010)	LC was positively associated with adherence to all CVD medications (composite score). No differences were detected for individual analyses of medication adherence (adherence to diabetes, cholesterol, or hypertension medications).	Cross-sectional study, limited to CA, no explicit information given on how English-English dyads were handled, did not confirm language concordance as occurring (provider asked to rate fluency)
Tsoh (2016)	No differences were detected for self-rated health.	Cross-sectional study, limited to CA
Villalobos (2016)	No differences were detected for therapeutic alliance.	Cross-sectional study, limited to AR, did not provide information on language concordance informer (providers were considered bilingual but no information provided for how that was determined)
Walsh (2009)	No differences were detected for colorectal cancer screening completions.	Medical comprehension and adverse medication events based on patient self-report, cross-sectional study, limited to CA, no explicit information given on how English-English dyads were handled, no information on language concordance informant,
Wilson (2005)	LC was negatively associated with having a problem understanding a medical situation because it was not explained in the patient's language.	Cross-sectional study, limited to CA

*Note.* LC = language concordance; LD-I = language discordant, including interpreter use; LD = language discordance; CA = California; MA = Massachusetts; NM = New Mexico; NY = New York; TX = Texas; WA = Washington; IL = Illinois; CO = Colorado; AR = Arkansas; NR = not reported; ED = emergency department; ER = emergency room.

Table 4. Summary of Findings Regarding Associations of Patient-Provider Language Concordance with Patient Behaviors, Provider Behaviors, Interpersonal Processes of Care, and Clinical Outcomes

	Association in Favor of LC	Association Not in Favor of LC	No Association	Total
	n (%)	n (%)	n (%)	n
Patient behaviors $(k = 9)^a$	6 (26.1)	0 (0)	17 (73.9)	23
Medication adherence $(k = 4)$	1	0	10	11
Other adherence $(k = 4)$	3	0	3	6
Other patient behaviors $(k = 3)$	2	0	4	6
Provider behaviors (k = 8)	8 (27.6)	0 (0)	21 (72.4)	29
Timeliness of treatment $(k = 2)$	2	0	7	9
Risk factor assessment $(k = 2)$	1	0	3	4
Provision of services $(k = 5)$	5	0	9	14
Overutilization of resources $(k = 1)$	0	0	2	2
Interpersonal processes of care $(k = 17)$	49 (50.5)	1 (1)	47 (48.5)	97
Interpersonal style ( $k = 11$ )	16	0	12	28
Communication/information quality $(k = 10)$	12	0	6	18
Satisfaction $(k = 8)$	7	0	7	14
Listening skills/feeling understood $(k = 4)$	5	0	3	8
Shared decision-making $(k = 4)$	1	0	4	5
Spending enough time with patient $(k = 3)$	1	0	3	4
Other interpersonal processes of care $(k = 6)$	7	1	12	20
Clinical outcomes $(k = 17)$	16 (29.6)	4 (7.4)	34 (63)	54
Assessments and procedures $(k = 8)$	1	3	19	23
Risk factor control $(k = 4)$	6	0	4	10
ED visit/hospitalization ( $k = 3$ )	1	1	4	6
Other clinical outcomes $(k = 4)$	8	0	7	15
All outcomes	79 (38.9)	5 (2.5)	119 (58.6)	203

Note. Total number of studies (k) = 38. LC = language concordance; ED = emergency department. <sup>a</sup>Number of studies examining subdomains (e.g., medication adherence) do not sum to the total number of studies for the global domain (e.g., patient behaviors) because several studies examined more than one subdomain (e.g., a study examining medication adherence and other adherence would be counted twice).

# **Patient-Provider Language Discordance**



## **Patient Behaviors**

Patient actions that indicate participation in care.

Examples: lower likelihood of keeping follow-up appointments, less engagement in health-promoting behaviors or self-management



Measures of patient-provider relationship or clinical encounter quality.

Examples: decreased understanding of diagnosis, treatment, or discharge instructions

## **Provider Behaviors**

Provider actions that influence patient health.

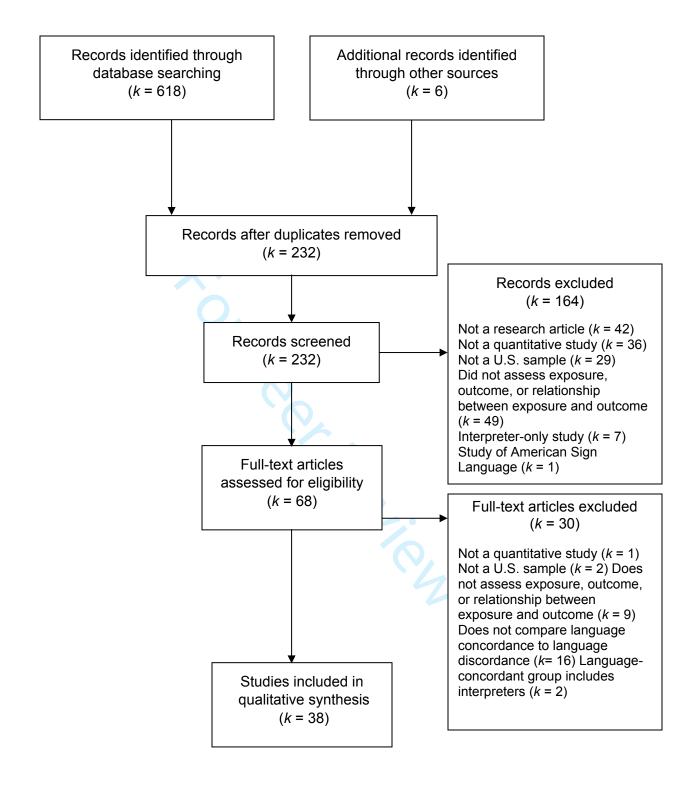
Examples: omitting important diagnostic questions, increased misdiagnosis



## **Clinical Outcomes**

Risk factor laboratory values, routine assessments and procedures, and other healthcare-relevant outcomes.

Examples: poorer control of clinical risk factors (e.g., blood pressure), increased incidences of medication complications



## **Patient-Provider Language Concordance**



#### **Patient Behaviors**

- Medication adherence in CVD and asthma
- Medication adherence in other conditions (e.g., HIV)
- Keeping follow-up appointments
- Diabetes self-care
- Self-care in other chronic conditions (e.g., heart failure and arthritis)
- Patient-initiated questions and disclosure of complementary health approaches
- Patient-initiated symptom

#### **Interpersonal Processes of Care**

- Patient perceptions of provider's interpersonal style (including perceptions of discrimination in general and related to language or accent)
- Patient feeling of being listened to and understood
- Patient perceptions that provider involves them in shared decisionmaking
- Patient feeling the provider spent enough time
- Patient understanding of the provider

### **Provider Behaviors**

- Provision of services (health education; tuberculosis testing)
- Provision of health education for highly sensitive topics
- Provision of other screening tests
   (e.g., hepatitis C)
- Risk factor assessment
- Assessment of mental status (e.g., depression)
- Timeliness of treatment (stroke mimic, abnormal cancer screens)
- Timeliness of treatment for 'low-



#### **Clinical Outcomes**

- Completion of assessments and procedures (breast, colorectal, cervical cancer screens; tetanus, influenza vaccinations; infectious disease screens; risk factor screens)
- Completion of vaccination for children
- Cardia rescular risk faster control (IDI shalesteral LIbA4s blood
- Receipt of outpatient/inpatient mental health care
- Receipt of stroke mimic treatment
- Receipt of treatment for other emergency conditions (e.g., asthma attack)
- Haspitalizations or amarganou department visits

### **Figure Captions**

- 1. *Figure 1.* Guiding conceptual framework adapted from Kilbourne, Switzer, Hyman, Crowley-Matoka, and Fine (2006) illustrating how patient-provider language concordance may affect patient behaviors, provider behaviors, interpersonal processes of care, and clinical outcomes, potentially contributing to poorer health. The conceptual framework guides categorization of health outcomes for this review.
- 2. Figure 2. Flow chart of study selection process.
- 3. Figure 3. Evidence map illustrating the state of the literature examining patient-provider language concordance and patient behaviors, provider behaviors, interpersonal processes of care, and clinical outcomes by sampling topics included in this review. Topics in italics are gaps in knowledge for future research.

Supplemental Table 1. Summary of Findings Regarding Associations of Patient-Provider Language Concordance with Patient Behaviors, Provider Behaviors, Interpersonal Processes of Care, and Clinical Outcomes from Subanalysis of 90 Associations Excluding English-English Dyads

	Association in Favor of LC	Association Not in Favor of LC	No Association	Total
	n (%)	n (%)	n (%)	n
Patient behaviors $(k = 5)^a$	2 (16.6)	0 (0)	10 (83.3)	12
Medication adherence $(k = 3)$	1	0	6	7
Other adherence $(k = 3)$	1	0	4	5
Provider behaviors $(k = 4)$	6 (46.2)	0 (0)	7 (53.8)	13
Risk factor assessment $(k = 1)$	1	0	1	2
Provision of services $(k = 3)$	5	0	4	9
Overutilization of resources $(k = 1)$	0	0	2	2
Interpersonal processes of care $(k = 8)$	16 (51.6)	0 (0)	15 (48.4)	31
Interpersonal style $(k = 3)$	4	0	4	8
Communication/information quality $(k = 5)$	7	0	3	10
Satisfaction $(k = 4)$	3	0	3	6
Listening skills/feeling understood $(k = 1)$	1	0	1	2
Shared decision-making $(k = 2)$	1	0	1	2
Spending enough time with patient $(k = 2)$	0	0	2	2
Other interpersonal processes of care $(k=1)$	0	0	1	1
Clinical outcomes $(k = 10)$	7 (20.6)	4 (11.8)	23 (67.6)	34
Assessments and procedures $(k = 5)$	1	3	14	18
Risk factor control $(k = 3)$	5	0	4	9
ED visit/hospitalization $(k = 2)$	1	1	3	5
Other clinical outcomes $(k = 2)$	0	0	2	2
All outcomes	31 (34.4)	4 (4.4)	55 (61.1)	90

*Note.* Total number of studies (k) = 20. LC = language concordance; ED = emergency department. <sup>a</sup>Number of studies examining subdomains (e.g., medication adherence) do not sum to the total number of studies for the global domain (e.g., patient behaviors) because several studies examined more than one subdomain (e.g., a study examining medication adherence and other adherence would be counted twice).