A DUAL-PIVOT PATTERN SIMULATING NATIVE KNEE KINEMATICS OPTIMIZES FUNCTIONAL OUTCOMES AFTER TOTAL KNEE ARTHROPLASTY

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Abstract

Background: Kinematics after total knee arthroplasty (TKA) have been studied for decades; however, few studies have correlated kinematic patterns to patient reported outcomes. The purpose of this study was to determine if a pattern of lateral pivot motion in early flexion and medial pivot motion in high flexion, simulating native knee kinematics, produces superior clinical outcomes. A second study objective was to determine if a specific kinematic pattern throughout the various ranges of flexion produces superior function and patient satisfaction.

Methods: 120 consecutive TKAs were performed using sensor embedded tibial trials to record intraoperative knee kinematics through the full range of motion. Established criteria were used to identify lateral (L) or medial (M) pivot kinematic patterns based on the center of rotation within three flexion zones -- 0 to 45° (early flexion), 45 to 90° (mid flexion) and 90° to terminal flexion (late flexion). Knee Society Scores, pain scores, and patient satisfaction were analysed in relationship to kinematic patterns.

Results: Knee Society function scores were significantly higher in TKAs with early lateral pivot/late medial pivot intraoperative kinematics compared to all other kinematic patterns (p = 0.018) at minimum one-year follow-up. There was a greater decrease in the proportion of patients with early lateral/late medial pivot kinematics who reported that their knee never feels normal (p = 0.011). Higher mean function scores at minimum one-year follow-up (p < 0.001) and improvement from preoperative baseline (p = 0.008) were observed in patients with the most ideal “LLM” kinematic pattern (lateral pivot 0 to 45° and 45 to 90°; medial pivot beyond 90°) compared to those with the least ideal “MLL” kinematic pattern. All
patients with the optimal “LLM” kinematic pattern compared to none of those with the “MLL” kinematic pattern reported that they were very satisfied with their TKA ($p = 0.003$).

**Conclusion:** Patients who exhibited an early flexion lateral pivot kinematic pattern accompanied by medial pivot motion in later flexion, as measured intraoperatively, reported higher functional outcome scores along with higher overall patient satisfaction. Replicating the dual-pivot kinematic pattern observed in native knees may improve function and satisfaction after TKA. Further study is warranted to explore a correlation with in-vivo kinematic patterns.

**Keywords:** total knee arthroplasty, kinematics, patient reported outcomes
Introduction

Total knee arthroplasty (TKA) is exceptionally reliable in terms of implant longevity and survivorship; however, patient reported outcomes after TKA reveal the disappointing fact that up to 20% of patients are not satisfied, [1] often with continued pain, stiffness, or an ‘unnatural’ feel to the joint. Knee kinematics, which detail the tibiofemoral contact locations and movement patterns of the knee, have been studied for decades and are postulated to correlate with clinical outcomes after TKA. Further, it has been hypothesized that knee arthroplasty systems that replicate kinematic patterns of the native knee with an intact anterior cruciate ligament (ACL), particularly unicompartmental and bicruciate-preserving knee arthroplasty, will reproduce normal knee motion and potentially optimize patient function, outcomes, and satisfaction after TKA. While various implant designs and types have been studied with respect to kinematic patterns, [2-14] the search continues for clinical evidence to support one kinematic pattern over another in producing superior patient outcomes.

Traditional understanding of native knee kinematics has supported a medial-pivot kinematic pattern throughout the entire knee range of motion. [15-18] Since 2008, a more modern understanding of native knee kinematics has revealed a more complex kinematic pattern of differing pivot motions in the various flexion ranges within the full knee range of motion. [19-23] While modern kinematics continue to support a medial pivot tibiofemoral contact pattern with deeper flexion activities in the native knee, it is now understood that native knee kinematics in earlier flexion angles occurring with activities like walking, running, or pivoting are characterized by a lateral pivot pattern. [20-23] Sensor-embedded tibial trials have been developed to provide real-time intraoperative tibiofemoral contact forces to objectively quantify soft tissue balance during TKA procedures. [24, 25] Sensor-embedded tibial inserts visually locate and characterize the kinematic femoral contact points
on the tibia intraoperatively. The purpose of this study was to determine if an intraoperative pattern of lateral pivot motion in early flexion (0 to 45°) and medial pivot motion in late flexion (90° to terminal flexion), simulating native knee kinematics, produces superior patient-reported outcomes compared to other kinematic patterns. A second objective of this study was to determine if a specific kinematic pattern, designated as medial or lateral pivot at the various flexion angle ranges of 0 to 45°, 45 to 90°, and 90° to terminal flexion, produces superior patient-reported outcomes after TKA.

Methods

With institutional review board approval, a retrospective review of a prospectively collected database of 120 consecutive primary TKAs was undertaken. Procedures were performed between April 2013 and April 2014 by two board-certified, high volume arthroplasty surgeons at a single institution. All patients presenting for a primary TKA for a diagnosis of osteoarthritis or autoimmune associated knee arthritis were included. In each case, sensor-embedded tibial trials (Verasense™, OrthoSensor™, Sunrise, FL) were used to track tibiofemoral contact points following TKA implantation using traditional balancing techniques based on manual and tactile surgeon judgment. The balancing technique utilized is a measured resection technique with diligent assessment of gap balance with spacer blocks or calibrated lamina spreaders and fine-tuning with soft-tissue balancing after bone resection cuts were made. Thirty-four TKAs were excluded to eliminate potential bias for the following reasons: unavailability of the required size of the Verasense™ device (n = 16), device malfunction (n = 5), atypical hardware creating additional soft tissue trauma (n = 5), surgery performed at a non-study hospital without the availability of the Verasense™ insert trials (n = 4), unresurfaced patella (n = 1), early revision (n = 2; one for infection and one for tibial aseptic loosening), and death unrelated to the index TKA (n = 1). Of the remaining 86
TKAs, seven (8.1%) were lost to minimum one-year follow-up, resulting in a sample size of 79 TKAs.

A median parapatellar approach was used for all procedures. Standard coronal plane tibial and femoral bone cuts were made with computer-aided navigation (Stryker Navigation, Kalamazoo, MI). One knee arthroplasty system (Triathlon®, Stryker, Inc., Mahwah, NJ) was used in all patients. One surgeon routinely retained the posterior cruciate ligament (PCL) and utilized a cruciate-retaining (CR) implant with a CR or a cruciate stabilizing (CS) insert with an anterior lip. The other surgeon routinely sacrificed the PCL and used a CS insert with an anterior lip. Posteriorly-stabilized implants were not used in study TKAs.

Verasense™ data were acquired once the final implants were in place and the retinaculum was closed to most accurately measure intraoperative contact forces and kinematic patterns throughout the range of motion as has been described previously by numerous authors. [26-29] Tibiofemoral contact points were recorded for each patient at terminal extension (0°), at 45° and 90° of flexion, and at terminal flexion. Patient age, sex, body mass index (BMI), and surgeon were recorded.

Data Extraction

The Verasense™ device produces images of tibiofemoral contact locations within triangular areas representing the medial and lateral tibial plateau surfaces as the knee is moved through the range of motion intraoperatively (Figure 1). Four static images per patient were cropped from the continuous Verasense™ video and graphic user interface feed, one each for the knee at 0°, 45°, 90°, and terminal flexion (Figure 2). The cropped images were imported into MATLAB® (The Mathworks, Natick, MA) after alterations were conducted in Microsoft Paint® (Microsoft, Redmond, WA) to determine the exact position of the contact points using a custom image processing program. The custom image processing program operated based on detecting color differences within the cropped images to isolate
the coloured dots associated with the medial and lateral tibiofemoral contact locations.

Potential error in calculations by MATLAB® was eliminated by “blacking out” all unnecessary color from the image. The only remaining items from the original cropped image were the contact points and the universal origin explained below (Figure 2).

Verasense™ device images uniformly had an “embossed” circle at the center of each tibial surface image standardly produced and located in manufacturing. On each image, we placed a white dot in these circles to create a universal origin for all measurements (Figure 2). This universal origin was determined based on the center of the tibial sensor trial and remained constant throughout data extraction for each patient and different implant sizes.

The centroid of each isolated tibiofemoral contact point was calculated with built-in MATLAB® commands from the image processing toolbox. Each image was appropriately scaled based on the screen resolution and screen size from which the image was cropped. The delta values between the contact points and the universal origin were then calculated and exported to an Excel (Microsoft Corporation, Redmond, WA) spreadsheet for further analyses via MATLAB®. Medial and lateral tibiofemoral contact points at each range of motion were connected by lines (Figure 3) to permit calculation of centers of rotation (CORS) as the intersection points of two lines at different ranges of motion (e.g., the intersection of the line associated with medial-lateral contact points at 0° and the same line at 45°). CORS were calculated based on vectors for early flexion (0 to 45°), mid-flexion (45° to 90°) and late flexion (90° to terminal). COR values were then used to determine if the kinematic pattern between the two flexion angles was medial or lateral based on their location with reference to the medial and lateral compartments. If the COR was located in the medial compartment between 5 mm and 1000 mm, the kinematic pattern was determined to be a medial pivot knee between the two distinct flexion angles. If the COR was located in the lateral compartment between -5 mm and -1000 mm, the kinematic pattern was determined to
be a lateral pivot knee between the two distinct flexion angles. If the COR was less than 5 or
greater than -5 mm, it was considered a central pivot. If the COR was greater than 1000 mm
or less than -1000 mm, it was considered a translation of the implant due to the COR value
not allowing a detectable pivot pattern and therefore sliding instead of rotating.

Study Groups:

To address the first study question (whether an intraoperative pattern of lateral pivot
motion in early flexion and medial pivot motion in late flexion produces superior patient-reported outcomes), patients were placed into two distinct kinematic pattern groups. The first
group ("early lateral/late medial pivot group") included those TKAs with a lateral pivot in
early flexion (0 to 45°) and a medial pivot in late flexion (90° to terminal flexion), simulating
the kinematic pattern of the native ACL-intact knee. The second group ("other kinematic
patterns group") included TKAs exhibiting all other patterns not included in the first group,
which by definition included knees with any kinematic pivot (lateral or medial) other than
lateral pivot from 0 to 45° and medial pivot from 90° to terminal flexion including lateral-
lateral, medial-lateral, and medial-medial pivot patterns. Knees with central or translational
pivot patterns in early or late flexion were excluded from statistical analyses resulting in
samples of 16 early lateral/late medial pivot knees and 47 knees which have been denoted as
“other” kinematic patterns as described above and represented graphically in Figures 4 and 5.

To address the second study question (whether a specific kinematic pattern produces
superior patient-reported outcomes after TKA), the kinematic pattern in three distinct flexion
zones—0 to 45° (early flexion), 45 to 90° (mid-flexion), and 90° to terminal flexion (late
flexion)—was noted by a three letter designation according to the pattern within each flexion
zone. For example, a designation of “LLM” was used to indicate that the TKA
intraoperatively demonstrated lateral pivot motion in early flexion, lateral pivot motion in
mid-flexion, and medial pivot motion in late flexion. Knees with central or translational pivot
patterns in early, mid-, or late flexion were excluded from statistical analyses. Upon review of Knee Society function scores for all patterns, we proceeded with comparisons of the theoretically and statistically ideal (LLM, n = 8 knees) and least ideal (MLL, n = 6 knees) kinematic patterns.

**Patient Reported Outcomes**

Patient reported outcomes were evaluated preoperatively and at minimum one-year postoperatively utilizing the new Knee Society Scoring (KSS) system. [30, 31] The new KSS system consists of validated objective and subjective scores. The Knee Society objective score, denoted “KSSO” in this manuscript, evaluates knee pain (25 points), alignment (25 points), stability (25 points), and range of motion (25 points) for a total possible score of 100. Total possible points for the subjective satisfaction (denoted “KSSS” in this manuscript) and functional (denoted “KSSF” in this manuscript) components of the new Knee Society Score, are 40 points and 100 points, respectively. Individual items from the Knee Society questionnaire, including pain with level walking and pain with stairs or inclines (both scored 0 = none to 10 = severe) also are reported. In addition, responses to a global question “What is your current level of satisfaction with your knee replacement surgery?” (very satisfied, satisfied, neutral, dissatisfied, very dissatisfied) were analysed. The University of California Los Angeles (UCLA) Activity Level Score [32] asks patients to choose their highest level of current activity, ranging from 0 (Wholly Inactive: dependent upon others, cannot leave residence) to 10 (Regularly participate in impact sports such as jogging, tennis, skiing, acrobatics, ballet, heavy labor, or backpacking).

**Statistical Analysis**

Patient reported outcome scores were analysed in relationship to kinematic patterns. Minitab 17 (State College, PA) was used for statistical analysis. Data were evaluated for normality using Anderson-Darling tests. Normally distributed continuous variables were
analysed with Student’s two-sample t-test (t) and Analysis of Variance (F) while non-
normally distributed continuous variables were compared with the Mann-Whitney (W) or
Kruskal-Wallis (H) tests adjusted for ties. Pearson’s Chi-Square ($X^2$) test was used to test
independence among categorical variables, with Fishers Exact test $p$ values reported for 2 x 2
contingency tables. A significance level of 0.05 was used for all statistical analyses.

Results

Early Lateral Pivot / Late Medial Pivot Group Compared to All Other Kinematic Patterns:

Age, sex, and BMI did not differ between the early lateral pivot/late medial pivot
group and the other kinematic patterns group (Table 1). Median follow-up in the former
group was shorter by 6.2 months (Table 1, $p = 0.030$). There were no differences in
preoperative outcome scores between the two groups (Table 2).

There were 11 CR with CR inserts knees, 34 CR with CS insert knees, and 18
cruciate-sacrificing with CS insert knees. With one exception, outcomes did not vary by
implant type ($p \geq 0.163$). Median UCLA Activity Level was 6 in CR/CR knees, 5 in CR/CS
knees, and 4 in cruciate-sacrificing/CS knees ($H = 6.63, p = 0.036$), reflecting a difference in
regular participation in moderate activities such as swimming and unlimited housework or
shopping, sometimes participating in these moderate activities, and regular participation in
mild activities such as walking, limited housework, or limited shopping, respectively.

At minimum one-year follow-up, mean KSSF scores were significantly higher in
TKAs with early lateral pivot/late medial pivot intraoperative kinematics compared to all
other kinematic patterns (80 vs. 69, $t = -2.51, p = 0.018$; Table 2). All other clinical outcome
scores at minimum one-year follow up did not differ between the two kinematic pattern
groups (Table 2).

Improvement from preoperative baseline to minimum one-year outcome scores
showed statistical trends for greater improvement in mean KSSF (41.1 vs. 32.2 points, $t = -$
1.67, \( p = 0.108 \)) and median KSSS (26 vs. 20 points, \( W = 1401.5, p = 0.107 \)) in the early lateral pivot/late medial pivot kinematic pattern group compared to other kinematic patterns group (Table 2).

Overall satisfaction with TKA is shown graphically in Figure 4 separately for the early lateral/late medial kinematic pattern group and the other kinematic patterns group. Eighty-six percent of the former group compared to only 57% of the latter group reported that they were very satisfied with their TKA (\( X^2 = 3.729, p = 0.099 \)). Figure 5 shows the percent change from preoperative baseline in the proportion of patients in each group who reported that their knee always, sometimes, or never feels normal. While percent change in the proportions of the early lateral/late medial kinematic pattern group and the other kinematic patterns group reporting that their knee always feels normal was not statistically different (a 56.3% increase vs. a 47.6% increase, \( t = 1.081, p = 0.284 \)), there was a significantly greater decrease in the proportion of patients in the former group compared to the latter group who reported that their knee never feels normal (a 50.9% decrease vs. a 16.7% decrease, \( t = 2.650, p = 0.011 \)).

LLM and MLL Kinematic Patterns:

In this analysis, there were 2 CR with CR inserts knees, 9 CR with CS insert knees, and 3 cruciate-sacrificing with CS insert knees. Outcomes did not vary by implant type (\( p \geq 0.291 \)). Analysis of minimum one-year KSSF function scores (\( F = 3.80, p = 0.004 \)) and the amount of improvement in KSSF from preoperative baseline (\( F = 1.21, p = 0.321 \)) suggested a clear distinction in mean functional outcomes scores among all available kinematic patterns based on early, mid-, and late flexion (Figure 6). In particular, as shown in Table 3, patients with the most ideal LLM kinematic pattern had significantly higher mean function scores at minimum one-year follow-up (87.5 vs. 51.2 points, \( t = 6.89, p < 0.001 \)) and improvement from preoperative baseline (48.3 vs. 25.7 points, \( t = 3.26, p = 0.008 \)) than patients with the
least ideal MLL kinematic pattern. Table 3 also shows that patients with an LLM kinematic pattern compared to those with the MLL pattern were significantly more satisfied with their TKA as measured by KSSS at minimum one-year follow-up (medians of 40 vs. 33 points, W = 75.5, p = 0.043) and improvement in KSSS from baseline (mean improvements of 27.5 and 18 points, t = 2.68, p = 0.022).

As shown in Figure 7, all patients with an intraoperative LLM kinematic pattern in early, mid-, and late flexion (n = 8 knees) compared to none of the patients with the MLL kinematic pattern (n = 6 knees) reported that they were very satisfied with their TKA at minimum one-year follow-up (X² = 11.0, p = 0.003).

Discussion

Kinematic patterns in TKA have been extensively studied to date; [2-14, 33] however, the search continues for clinical evidence to support one kinematic pattern over another in producing superior patient outcomes. Dennis and co-authors published a comprehensive kinematic analysis of 811 TKAs of numerous designs, from multiple institutions and surgeons, and reported that substantial variability occurred in all designs and groupings with respect to kinematic patterns. [33] Further, the authors reported that a desirable medial pivot pattern in flexion was present in only 55% of TKAs in the analysis, suggesting that as surgeons we have little ability to reliably induce a particular kinematic pivot pattern in TKA. This variability in kinematic patterns observed in modern TKA and the inability to reproduce an ideal target kinematic pattern may contribute to the reported 15 to 20% of TKA patients who are not satisfied with their TKA. [1]

Traditionally, understanding of native knee kinematics has supported a medial pivot kinematic pattern throughout the entire range of knee flexion. [15-18] In 2003, Komistek and co-authors [17] published an elegant fluoroscopic study on five native knees and reported predominantly medial pivot kinematic patterns throughout flexion on average in the five
subjects. However, the authors also observed that substantially less tibial rotation occurred in gait (< 5 degrees) when compared to greater flexion activities such as a deep knee bend (< 13 degrees) and one of the knees demonstrated a lateral pivot motion in gait and deeper flexion. Since 2008, a more modern understanding of native knee kinematics has revealed a more complex kinematic pattern of differing pivot motions in the various knee flexion ranges. [20-23] While modern kinematics continues to support a medial pivot pattern with deeper flexion activities, it is now understood that native knee motion in earlier flexion angles, occurring with activities like walking, running or pivoting, are characterized by a lateral pivot pattern. [19-23] Koo and Andriacci [21] first reported the kinematic patterns of the native knee in 46 patients specifically with regard to walking. Using a point-cluster gait analysis technique, it was demonstrated that the center of rotation during the stance phase of walking was in the lateral compartment for all 46 knees. In addition, the instantaneous center of rotation occurred on the medial side on average less than 25% of the time during the stance phase. Further supporting this notion, Hoshino and Tashman [19] reported the kinematic tibiofemoral contact patterns of 29 native knees during downhill running. The authors utilized three dimensional CT scans and dynamic bi-planar fluoroscopy and discovered that the sliding contact path of the femur on the tibia was significantly greater on the medial side compared to the lateral side, suggesting that lateral pivot kinematic pattern is present during running. These studies support the evolution of knee kinematics in the ACL-intact native knee to an understanding that in early flexion activities, such as walking and running, the dominant pattern is lateral pivot motion, while the traditional medial pivot pattern continues to predominate in deeper flexion activities.

Sensor-embedded tibial trials have been developed to provide real-time intraoperative contact forces to objectively quantify soft tissue balance during a TKA procedure. [24, 25] The sensor-embedded tibial inserts also visually locate and characterize the kinematic
femoral contact points on the tibia, which can provide intraoperative kinematic pattern data
acquisition in real-time. Our findings suggest that patients who intraoperatively exhibit the
early flexion lateral pivot pattern and late flexion medial pivot kinematic pattern possess
higher overall satisfaction with their knee replacement surgery as well as an improvement
with the function of their knee as measured by modern Knee Society Function scores. When
defining the kinematic pattern in a more complex manner utilizing the patterns in all three
flexion ranges, patient reported outcome scores of the “LLM” kinematic pattern (lateral pivot
pattern in 0 to 45° and 45 to 90° degree ranges and medial pivot in the high flexion range
beyond 90°) suggest this pattern to be the best overall in terms of satisfaction and function.
Conversely, the kinematic pattern identified as the worst kinematic pattern to experience was
the exact opposite pattern “MLL”, further supporting the optimal outcomes are potentially
more likely if kinematic patterns exist in TKAs that replicate the native knee kinematics with
an intact ACL. While “LLM” was the optimal pattern observed in this data analysis, the mid-
flexion zone of 45 to 90° flexion remains to be further studied, as the ACL-intact native knee
studies referenced above are non-specific and variable with respect to the exact flexion point
where the pattern switches from lateral pivot in early flexion to medial pivot in greater
flexion, and likely varies among individual patients.

This study has limitations. First, the kinematic patterns observed were obtained
intraoperatively during non-weight bearing conditions with a patient anesthetized and may
not represent the actual kinematic patterns observed in-vivo during weight bearing through
the range of flexion described. However, there is some support that intraoperative
measurements of force and balance obtained with intraoperative sensors, can predict in-vivo
kinematic patterns. [34] This is certainly an area of further study to determine if a correlation
exists between kinematic patterns obtained during surgery and those exhibited in-vivo during
weight-bearing functional activities. Second, sensor-embedded tibial trial inserts have not
been validated as measurements of tibiofemoral contact patterns and thus, this study represents the first to utilize this technology for kinematic motion intraoperatively. Finally, due to the relatively small numbers of patients in kinematic pattern groups based on all three flexion ranges, non-significant study results may be attributable to insufficient statistical power. Power for non-significant findings ranged from < 10% to 90.6%. Further confounding this issue is the inclusion of both cruciate-substituting and cruciate-sacrificing TKA designs of both varus and valgus alignments, which ultimately could affect kinematic patterns in-vivo. However, based on previous kinematic studies which traditionally have relatively small numbers, the authors believe this work provides valuable information for consideration in future research on knee kinematics following TKA. Further, our analysis utilized the modern Knee Society Score which has been validated to more aptly discern a patient’s ability to perform various functional activities compared to previous generations of less robust outcome measures. The authors are unaware of any published study that correlates kinematic data and modern Knee Society outcome scores in patients undergoing primary TKA.

Based on modern understanding of the dual-pivot kinematic pattern observed in the native ACL-intact knee, more appropriate analysis can be performed regarding TKA kinematics and their correlation with clinical outcomes. It appears that patients who exhibit an early flexion lateral pivot kinematic pattern accompanied by medial pivot motion in late flexion, as measured intraoperatively, may have higher functional outcome scores along with higher overall patient satisfaction. Therefore, replicating the dual-pivot kinematic pattern observed in native knees may improve function and satisfaction after TKA. Further work to identify the extent to which intraoperative kinematic patterns are correlated with in-vivo weight bearing kinematic patterns is necessary. In addition, investigation into the various characteristics of patient anatomy, implant alignment and design, ligament balance, and
surgical technique that might facilitate a kinematic pattern more closely approximating the native knee is warranted.
References


34. Wasielewski RC, Galat DD, Komistek RD. Correlation of compartment pressure data from an intraoperative sensing device with postoperative fluoroscopic kinematic results in TKA patients. Journal of biomechanics 38(2): 333, 2005
Table 1: Demographics in early lateral/late medial pivot kinematic pattern knees compared to knees with all other kinematic patterns

<table>
<thead>
<tr>
<th>Kinematic Pattern</th>
<th>Early Lateral/Late Medial Kinematic Pattern</th>
<th>All Other Kinematic Patterns</th>
<th>Statistic</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>n</td>
<td>16</td>
<td>47</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean age (in years)</td>
<td>66.8</td>
<td>66.4</td>
<td>t = -0.16</td>
<td>0.878</td>
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<tr>
<td>% Female</td>
<td>68.8</td>
<td>78.7</td>
<td>X² = 0.419</td>
<td>0.501</td>
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<td>Mean BMI</td>
<td>32.0</td>
<td>33.6</td>
<td>t = 0.84</td>
<td>0.406</td>
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<tr>
<td>Median follow-up (in months)</td>
<td>19.2</td>
<td>25.4</td>
<td>W = 1642.0</td>
<td>0.030</td>
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Table 2. Preoperative, minimum 1-year, and delta outcome scores in early lateral/late medial pivot kinematic pattern knees compared to knees with all other kinematic patterns

<table>
<thead>
<tr>
<th>Outcome Score</th>
<th>Preoperative Outcomes</th>
<th>Minimum 1-Year Outcomes</th>
<th>Preoperative to Postoperative Improvement in Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Early Lateral/ Late Medial Kinematic Pattern</td>
<td>Other Kinematic Patterns</td>
<td>Early Lateral/ Late Medial Kinematic Pattern</td>
</tr>
<tr>
<td>KSSO</td>
<td>60.5</td>
<td>48.0</td>
<td>98.0</td>
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<td>KSSF</td>
<td>38.9*</td>
<td>38.1*</td>
<td>80.0*</td>
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<tr>
<td>KSSS</td>
<td>11.5*</td>
<td>13.2*</td>
<td>38.0</td>
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<tr>
<td>Walking Pain</td>
<td>5.5</td>
<td>5.0</td>
<td>0.0</td>
</tr>
<tr>
<td>Stair Pain</td>
<td>8.0</td>
<td>8.0</td>
<td>1.0</td>
</tr>
<tr>
<td>UCLA Activity Level</td>
<td>5.0</td>
<td>4.0</td>
<td>4.0</td>
</tr>
</tbody>
</table>

* Outcome Scores reflect means while all other measures reflect medians based on the normality of the outcome being evaluated.

Bold p values indicate a statistically significant difference was detected.

Italicized p values indicate a trend was detected.
<table>
<thead>
<tr>
<th>Outcome Score</th>
<th>Preoperative Outcomes</th>
<th>Minimum 1-Year Outcomes</th>
<th>Preoperative to Postoperative Improvement in Outcomes</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>LLM</td>
<td>MLL</td>
<td>p</td>
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<tr>
<td>KSSO</td>
<td>68.0</td>
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<td>Stair Pain</td>
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<td>7.7*</td>
<td>0.665</td>
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<tr>
<td>UCLA Activity Level</td>
<td>4.5</td>
<td>3.5</td>
<td>0.156</td>
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</tbody>
</table>

* Outcome Scores reflect means while all other measures reflect medians based on the normality of the outcome being evaluated.

** Group medians could not be tested because all values for in the LLM group were zero.

Bold p values indicate a statistically significant difference was detected.

Italicized p values indicate a trend was detected.