SOCIAL JUSTICE AWARENESS VIA IGD

AUTHORING YOUR OWN ENDING

CAROLYN GENTLE-GENITTY, ERIKA THOMISON, & NATASHA BRAGG
“IF YOU AIN'T IN THE ARENA ALSO GETTING YOUR ASS KICKED, I'M NOT INTERESTED IN YOUR FEEDBACK.”

BRENÉ BROWN
PAINTING WITH A PURPOSE: EXERCISE IN EXPLORING VULNERABILITY

AGENDA

• Brene Brown Ted Talk: Vulnerability and Shame
• 30-40 min paint (your interpretation of your shame/vulnerability)
• Name your vulnerability piece in 2 words
• Open discussion on naming and shame
• 30min Small group discussion (5persons) how it connects to social justice and standing 4 Stage IGD model
• Reflection and wrap up
“When we spend our lives waiting until we’re perfect or bulletproof before we walk into the arena, we ultimately sacrifice relationships and opportunities that may not be recoverable, we squander our precious time, and we turn our backs on our gifts, those unique contributions that only we can make. Perfect and bulletproof are seductive, but they don’t exist in the human experience.”
— From TEDxHouston speaker Brené Brown’s new book, Daring Greatly
BRENE BROWN

- Brene Brown “Power of Vulnerability”

"Courage starts with showing up and letting ourselves be seen."
ART & SOCIAL SCIENCE RESEARCH

• Terms--Visual sociology, photo-ethnography
• Qualitative research designs
  • Lived-experience –phenomenology, interpretivism
• Personal experience and perspective understood differently through images
• Realities made real
  • Experiencing others’ realities by seeing through their eyes, walking in their shoes
  • Words express differently than images
  • Visual social science research combines words and pictures for deeper thought, meaning
Nothing has transformed my life more than realizing that it's a waste of time to evaluate my worthiness by weighing the reaction of the people in the stands.

MARTHA BROWN, DARING GREATLY
EXPRESSING SHAME AND VULNERABILITY THROUGH ART

"I found I could say things with color and shapes that I couldn’t say any other way – things I had no words for."

-Georgia O’Keeffe
SMALL GROUP DISCUSSION

• Making connections
• Why jump
• Whose call do you follow
• What stops you
• Why does it hurt?
• What now?
Vulnerability sounds like truth and feels like courage. Truth and courage aren't always comfortable, but they're never weakness.”

Brené Brown, Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead
IGD 4 STAGE MODEL

Stages 1 & 2 – designed to engage, focused on… (cultural box/compromise)

• What is your story? Rules
  1. Listening
  2. Resolving conflicts
  3. Increasing understanding and cultural differences

Stages 3 & 4

Discussion/Fish Bowl

Ways to commit to action
CONCLUDING STEPS

- Create space for dialogue (negotiated space of truth)
- Create rules and structure for dialogue
- Set boundaries for one person to talk and other to listen and reverse before drawing conclusion
- Prepare to build community through shared space and engagement
- Draft plan for change
WHAT NOW?

"You either walk inside your story and own it or you stand outside your story & hustle for your worthiness."

- BRENE BROWN