

1 **Permanent His Bundle Pacing (HBP): Recommendations From A Multi-Center**
2 **HBP Collaborative Working Group For Standardization Of Definitions, Implant**
3 **Measurements And Follow-Up**

4

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9

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50 **Abstract**

51 His bundle pacing (HBP) prevents ventricular dyssynchrony and its long-term
52 consequences by preserving normal electrical activation of the ventricles. Since the
53 original description of permanent HBP in 2000, the adoption of HBP has increased
54 over the last several years. However the reporting of procedural and clinical
55 outcomes to date is not uniform. This paper is a collaboration between several
56 implanters with significant experience in HBP to establish a uniform set of
57 definitions encompassing the different forms of HBP, as well as define a
58 standardized approach to gathering data endpoints to ensure consistency in
59 reported outcomes.

60

Criteria for His Bundle Pacing

Baseline	Normal QRS	His-Purkinje Conduction Disease	
		With correction	Without correction
Selective HBP	<ul style="list-style-type: none"> S-QRS = H-QRS with isoelectric interval Discrete local ventricular electrogram in HBP lead with S-V=H-V Paced QRS = native QRS Single capture threshold (His bundle) 	<ul style="list-style-type: none"> S-QRS \leq H-QRS with isoelectric interval Discrete local ventricular electrogram in HBP lead Paced QRS < native QRS 2 distinct capture thresholds (HBP with BBB correction, HBP without BBB correction) 	<ul style="list-style-type: none"> S-QRS \leq or > H-QRS with isoelectric interval Discrete local ventricular electrogram in HBP lead Paced QRS = native QRS Single capture threshold (HBP with BBB)
Non-selective HBP	<ul style="list-style-type: none"> S-QRS < H-QRS (usually 0, S-QRS_{end} = H-QRS_{end}) with or without isoelectric interval (Pseudodelta wave +/-) Direct capture of local ventricular electrogram in HBP lead by stimulus artifact (local myocardial capture) Paced QRS > native QRS with normalization of precordial and limb lead axes with respect to rapid dV/dt components of the QRS 2 distinct capture thresholds (His bundle capture, RV capture) 	<ul style="list-style-type: none"> S-QRS < H-QRS (usually 0, S-QRS_{end} < H-QRS_{end}) with or without isoelectric interval (Pseudodelta wave +/-) Direct capture of local ventricular electrogram in HBP lead by stimulus artifact Paced QRS \leq native QRS 3 distinct capture thresholds (HBP with BBB correction, HBP without BBB correction, RV capture) 	<ul style="list-style-type: none"> S-QRS < H-QRS (usually 0) with or without isoelectric interval (Pseudodelta wave +/-) Direct capture of local ventricular electrogram in HBP lead by stimulus artifact Paced QRS > native QRS (see text) 2 distinct capture thresholds (HBP with BBB, RV capture)

61 **Introduction**

62 From an electrical and hemodynamic standpoint, His bundle pacing (HBP) is
63 desirable in patients who require chronic ventricular pacing. By preserving normal
64 electrical activation of the ventricles, HBP prevents ventricular dyssynchrony and
65 its long-term consequences. However, the technical challenge of achieving
66 permanent HBP (PHBP) has been an obstacle to its reliable application in routine
67 clinical practice. With the advent of improved pacing lead and delivery sheaths,^{1,2}
68 several publications showing safety and feasibility, PHBP has been gaining more
69 widespread acceptance in the electrophysiology community. Since the original
70 description of PHBP in patients undergoing AV nodal ablation by Deshmukh et al³ in
71 2000, several investigators have reported on the successful implementation of PHBP
72 in patients with normal His-Purkinje conduction,^{4,5,6,7,8,9} bundle branch block (BBB),
73 complete nodal and infra-nodal AV block,^{10,11} and as an alternative to cardiac
74 resynchronization therapy (CRT).^{12,13,14,15} The field however is relatively nascent.
75 The reporting of procedural and clinical outcomes to date is not uniform and is
76 largely based on single-center experiences with differing definitions and variations
77 in data reporting with gaps in data. To improve the adoption of HBP, data will need
78 to be aggregated to demonstrate procedure success, safety, and efficacy in
79 controlled and real-world settings.

80 This paper is a collaboration between implanters with significant experience (>50
81 implants) in PHBP to establish a uniform set of definitions encompassing the
82 different forms of HBP as well as define a standardized approach to gathering data
83 endpoints to ensure consistency in reported outcomes. The authors collectively

84 have performed more than 1500 HBP lead implantations during the last 10 years.
85 Additionally, the authors provide insights and recommendations based on current
86 evidence regarding patient selection, His bundle lead placement, outpatient
87 management, and guidance for technical training.

88

89 **Definitions:**

90 A lack of uniformity in terminology in the literature regarding PHBP has contributed
91 to confusion regarding the types of capture observed and pacing threshold
92 definitions.^{3,7,9,13,16} Furthermore, oft-quoted criteria used to define His bundle
93 capture that were established in the setting of normal His Purkinje tissue are
94 imprecise in some respects when pacing diseased His Purkinje tissue. In order to
95 provide uniformity, the authors propose the following definitions and criteria,
96 building on the original descriptions published by Williams et al¹⁷ and Deshmukh et
97 al³ (Supplemental Table 1). The authors use the term “His bundle” to denote any
98 portion of AV junction activation, which results in maximal engagement of
99 functional right and left fascicles without significant decremental conduction as
100 would be seen when activating the AV node and/or AV nodal atrial inputs. Broadly
101 there are two forms of HBP capture: Selective capture in which the only tissue that
102 is captured by the pacing stimulus is the His bundle, and Nonselective capture in
103 which there is fusion capture of the His bundle and adjacent ventricular tissues: The
104 authors further refine these definitions in the presence or absence of His Purkinje
105 conduction disease as follows according to 4 basic criteria:

106 1) Relationship of the His-QRS and stimulus-QRS intervals

107 2) Presence or absence of direct capture of local ventricular electrogram on
108 the pacing lead

109 3) QRS duration and morphology

110 4) Capture thresholds

111 Electrograms recorded in the HBP lead should generally demonstrate His deflection
112 with HV intervals greater than 35 ms. There may be exceptions where successful
113 HBP is achieved by pace-mapping in dependent patients without actually recording
114 His electrograms.

115

116 **HBP in Normal His-Purkinje Conduction:**

117 ***Selective His bundle pacing*** (S-HBP) is defined by ventricular activation occurring
118 exclusively over the His-Purkinje system (Figure 1). S-HBP is recognized by the
119 following criteria:

120 (1) The pacing stimulus to QRS (S-QRS) onset interval is equal to the native His-
121 QRS onset interval (H-QRS); S-QRS interval is measured from the end of the
122 stimulus artifact to the earliest onset of the QRS on the 12 lead ECG ($S-QRS \cong$
123 H-QRS)

124 (2) The local ventricular electrogram is not directly captured by the pacing
125 stimulus and is discrete on the pacing lead¹⁸ with the stimulus to local
126 ventricular (S-V) activation time on the pacing lead being equal to the His to
127 local ventricular (H-V) activation time ($S-V \cong H-V$). The difference between
128 the two intervals is usually less than 10 ms.

129 (3) The paced QRS morphology is the same as the native QRS morphology since
130 in both cases cardiac activation and repolarization are the result of the same
131 antegrade His Purkinje activation sequence, as evidenced by
132 electrocardiographic (ECG) concordance of QRS and T wave complexes

133 (4) Usually a single capture threshold (His capture) is observed, although at
134 significantly higher output, capture of adjacent RV myocardium may result in
135 non-selective pacing (fusion of ventricular and His capture). In some cases,
136 there may be atrial capture at higher pacing outputs in addition to S-HBP.
137 Selective-HBP has variably been described in the literature as direct HBP,³
138 pure-His pacing,⁷ and selective-direct HBP.¹⁹

139

140 ***Non-Selective His bundle pacing (NS-HBP)*** is defined as simultaneous capture of
141 local myocardium at the pacing site and the His bundle and is recognized by the
142 following criteria:

143 (1) S-QRS interval is usually equal to zero as there is no isoelectric interval
144 between pacing stimulus and QRS due to the presence of a pseudo-delta wave,
145 and the stimulus to the end of QRS ($S\text{-QRS}_{\text{end}}$) is $\leq H\text{-QRS}_{\text{end}}$. (Figure 2)

146 Occasionally the local myocardial capture may not reach a critical mass to
147 inscribe an instantaneous pseudo-delta wave in which case $S\text{-QRS} < H\text{-QRS}$.
148 However, careful analysis of all 12 leads usually reveals evidence of
149 anteroseptal myocardial capture prior to HPS-mediated ventricular capture.

150 (2) The local ventricular electrogram is directly captured by the pacing
151 stimulus and is not seen as a discrete component¹⁸

152 (3) The paced QRS duration will usually be longer than the native QRS
153 duration by the H-QRS interval. The overall electrical axis of the paced QRS
154 will be concordant with the electrical axis of the intrinsic QRS with the rapid
155 dV/dt components of both QRS morphologies being the same.

156 (4) There will usually be two distinct capture thresholds – right ventricular
157 and His capture: During threshold testing, narrowing of QRS at higher output
158 due to fusion between RV and His bundle capture and as the output is
159 decreased there is widening of QRS due to loss of His bundle capture (figure
160 2). Alternately, QRS may be wider at higher pacing output and narrower when
161 output is decreased, due to loss of RV capture (figure 3). Because the
162 difference between RV and His capture thresholds is small, the final
163 programmed output including the safety margin would result in nonselective
164 HBP. The hallmark of NS-HBP is pacing output dependent changes in QRS
165 morphology due to variable capture of RV and His.

166

167 **HBP in Patients with His-Purkinje Conduction Disease (HPCD):**

168 HBP has been shown to be feasible in patients with underlying BBB and infra-nodal
169 AV block.¹⁰⁻¹⁵ In these patients, the HV interval may be prolonged or absent (as is
170 the case in complete HV block). The final His bundle paced QRS morphology and
171 duration in these patients may be significantly different from the baseline QRS,
172 depending on the degree and extent of recruitment of latent fascicular tissue during
173 HBP, and on whether or not the underlying escape is fascicular or ventricular in
174 origin (figure 4). S-QRS time may also be notably shorter with recruitment of more

175 distal segments of the His bundle. Finally, patients with cardiomyopathy may have
176 peripheral conduction disease superimposed on proximal His bundle disease,
177 wherein complete normalization of QRS may not be possible. The following are
178 criteria that further refine the patterns of activation observed with HBP in a
179 diseased His Purkinje system.

180

181 ***S-HBP with correction of HPCD:***

182 (1) $S\text{-QRS} \leq H\text{-QRS}$ with an isoelectric interval between stimulus to onset of QRS;
183 HV interval is often prolonged in patients with BBB and HBP may shorten the
184 S-QRS interval by output dependent capture of latent fascicular tissue¹⁹ or by
185 virtual electrode polarization effect.²⁰ In patients with complete or 2:1 HV
186 block, selective His capture can occur with short S-QRS intervals, especially
187 when the HBP lead is located beyond the site of intra-Hisian block,^{11,21} or
188 functionally correcting the underlying conduction disease.

189 (2) The local ventricular electrogram on the pacing lead will be discrete from the
190 pacing artifact. The morphology and timing of the local ventricular
191 electrogram will be different from the baseline due to the change in local
192 activation resulting from the correction of the BBB (Figure 5, panel C)

193 (3) Paced QRS duration will be narrower than the native QRS with BBB. Bundle
194 branch block may be completely normalized or partially corrected. In patients
195 with HV block, paced QRS will be narrower than the conducted beats or the
196 escape rhythm.

197 (4) HBP will result in 2 distinct capture thresholds, capture with and without QRS
198 normalization. An example is shown in Figure 6. If the HBP lead is located
199 distal to the site of block, only a single capture threshold may be observed
200 (with QRS normalization). It is important to recognize the different thresholds
201 during follow-up in order to program the optimal output that results in
202 maximal recruitment of the His Purkinje system.

203

204 ***NS-HBP with correction of HPCD:***

205 (1) S-QRS interval is less than H-QRS interval and is most likely to be zero without
206 isoelectric interval due to pseudo-delta wave resulting from ventricular
207 fusion; Occasionally, S-QRS interval is less than H-QRS interval but with
208 isoelectric interval between the stimulus and QRS onset as explained earlier;
209 Because of correction of BBB, the stimulus to the QRS_{end} will be less than the
210 $His-QRS_{end}$

211 (2) The local ventricular electrogram is directly captured by the pacing stimulus
212 and is not seen as a discrete component

213 (3) Paced QRS duration will usually be less than the native QRS (Figure 5, Panel
214 B); however, in some patients with prolonged HV intervals, the duration of
215 ventricular fusion may overshadow the narrowing of the BBB and result in the
216 same or longer paced QRS duration. There will be normalization of precordial
217 and limb lead axes with respect to rapid dV/dt components of the QRS after
218 the initial RV fusion during the HV intervals.

219 (4) Three distinct capture thresholds will be observed typically, nonselective
220 capture with normalization, non-selective capture without normalization, and
221 finally ventricular capture only. (Figure 7).

222

223 ***S-HBP without correction of BBB:***

224 (1) S-QRS interval is usually equal to the H-QRS interval. However, depending on the
225 location of the HBP lead in relation to the site of conduction disease and capture
226 characteristics of the diseased tissue, sometimes the S-QRS may be shorter or
227 longer than the H-QRS interval.

228 (2) Local ventricular electrogram in the HBP lead will be discrete from the pacing
229 artifact. The S-V will usually be the same as H-V, as in criterion 1 above.

230 (3) The paced QRS duration will be equal to the native QRS.

231 (4) There will be a single His capture threshold (HBP with BBB).

232

233 ***NS-HBP without correction of BBB:***

234 (1) S-QRS interval is 0 or less than H-QRS depending on the amount of pre-excitation
235 present

236 (2) The local ventricular electrogram is directly captured by the pacing stimulus

237 (3) The paced QRS duration will usually be longer than the native QRS duration by
238 the H-QRS interval. However, in patients with RBBB, NS-HBP may significantly
239 narrow the QRS even in the absence of BBB correction due to fusion of left
240 bundle activation with early anteroseptal RV activation (figure 7, panel 3).

241 (4) Two distinct capture thresholds will usually be observed (HBP with BBB,
242 followed by the RV-only capture threshold). The ventricular capture threshold
243 may be higher or lower than the His capture threshold.

244

245 The above criteria for HBP are based on the pacing response at a given pacing site:
246 the precise anatomical location at any given site can only be conjectured on the
247 basis of the pacing response since we currently have no means to determine the
248 precise location of the lead tip and its relationship to the His bundle non-invasively.

249 The amplitude of the His bundle electrogram and the presence or absence of His
250 injury current may distinguish physical contact of the lead with the His bundle but
251 in the absence of autopsy and/or animal model data this remains conjectural.

252 Additional nuances may be observed and clarified as we gain more experience with
253 this technique. The most important issue is to clearly document RV and His capture
254 thresholds and BBB correction thresholds for the purposes of follow-up and
255 programming final output settings.

256

257 **Recommendations for outcomes endpoints:**

258 Despite the initial description of successful HBP by Deshmukh et al, in 2000, HBP
259 did not reach mainstream implementation due to perceived procedural difficulties
260 until recently. Recent reports suggest fluoroscopy and procedure duration for HBP
261 to be only slightly longer than conventional pacemakers, and well within the range
262 of LV lead placement procedure times.^{1,2} However, compared to RV pacing site, HBP
263 lead requires detailed mapping and lead fixation in the His bundle region. Despite

264 improved procedural success rates, anatomical and pathological variations continue
265 to pose technical challenges during the implant process. Review of the current
266 literature provides insufficient insight into the nature and challenges of the
267 procedure given the absence of standardized reporting for procedural details. The
268 authors propose that studies involving HBP should report fluoroscopy and
269 procedural duration times for implantation of the HBP lead – from vascular access
270 to lead sleeve fixation - in addition to the overall fluoroscopy and skin-to-skin
271 procedural duration.

272

273 **Pacing threshold:** There is a lack of uniformity in the HBP literature in reporting of
274 capture thresholds given that the higher capture thresholds sometimes encountered
275 are offset by programming the pulse width at 1ms, which is useful for maximizing
276 battery longevity. The authors suggest that His bundle capture thresholds be
277 reported at a width of 1ms duration to provide uniformity in terms of comparison.
278 Additionally, a 12-lead ECG should be recorded intra-procedurally to assess pacing
279 thresholds at implant. It is extremely helpful in identifying and differentiating NS-
280 HBP and local myocardial capture in addition to assessing bundle branch correction.
281 Historically in patients reported with “para-Hisian pacing” (NS-HBP), operators may
282 have reported the RV threshold rather than the His capture threshold. In cases of
283 NS-HBP, it is critical that investigators report the RV capture threshold in addition
284 to the His capture threshold. In patients with BBB, the output necessary to correct
285 the BBB should be reported as the target threshold.

286 **Sensing:** The sensing characteristics of the HBP electrograms can be challenging in
287 a patient where the HBP lead serves as the right ventricular sensing electrode.
288 Because of the location of the lead at the tricuspid annulus often within or
289 immediately adjacent to the fibrous membranous septum, the amplitude of
290 ventricular electrograms is low. The amplitude of the atrial and occasionally the His
291 electrograms can be large enough to cause ventricular oversensing. However in
292 situations where the HBP lead is connected to LV or atrial port, sensing is not an
293 issue but the measured “R” wave should be reported.
294
295 Threshold testing during follow-up should be performed using a 12-lead ECG,
296 especially in patients with underlying BBB. Selective or Nonselective HBP should be
297 recorded during follow-up. In patients with NS-HBP, both the His capture threshold
298 and RV capture threshold should be reported. In patients with BBB, His capture
299 threshold required to correct the BBB should be reported.
300 **Lead complications and safety:** Better data are needed regarding chronic capture
301 thresholds and lead stability. Any significant and/or sudden increases in His
302 capture threshold and/or need for lead revision should be reported, as would be
303 performed for standard leads. An increase in capture threshold of >1 V in His bundle
304 or RV pacing threshold is considered significant and should be reported. Lead-
305 related complications should be defined as an adverse event due to the presence or
306 performance of the lead for HBP, and which was either resolved by invasive
307 intervention or resulted directly in the death of the patient, explantation of the
308 device or termination of significant device function. Issues such as far-field atrial

309 over-sensing, and ventricular under-sensing, should be documented. Any
310 interventions required to address sensing issues should be reported. All pacing and
311 sensing parameters should be documented at each in-person follow-up visit, which
312 is presumed to be yearly. The need for an unscheduled visit for reprogramming or
313 troubleshooting should also be reported.

314 In publications of clinical research in HBP, the total number of patients studied, the
315 number and types of complications and deaths, and the events-over-time data
316 should be recorded with a minimum follow-up of 6 months.

317 **Patient Selection:**

318 Majority of patients in published literature on PHBP were treated for AV block, and
319 demographics reflect a typical pacemaker population. HBP has been shown to be
320 feasible even in the setting of infra-nodal block.^{10,11} However, more data are needed
321 to determine the long term outcomes in these patients, and in light of valid concerns
322 regarding the possibility of disease progression and/or lead failure, one must
323 consider the possibility of providing a backup RV lead or intentionally targeting His
324 bundle sites demonstrating nonselective capture with low ventricular capture
325 thresholds (back-up RV capture from the His lead). A similar consideration applies
326 to patients for whom AV node ablation is contemplated.

327

328 Several studies involving PHBP have reported on the utility of HBP instead of
329 biventricular pacing to implement CRT^{12,13,14,15,19} (Figure 5). This application has
330 garnered great interest, representing an alternative and more physiologic means to
331 implement CRT. However, His bundle pacing in CRT-indicated patients will be

332 relevant only in the setting of bundle branch disease due to longitudinal dissociation
333 in the AV junction and probably not helpful in patients with distal conduction
334 disease. Much remains to be learned about prospectively distinguishing the type of
335 underlying conduction disease that is present. At a minimum, PHBP by maintaining
336 normal QRS likely prevents pacing induced dyssynchrony. Until long-term data on
337 clinical and echocardiographic outcomes are available, we consider HBP a
338 reasonable back-up option among patients in whom BiV pacing either can't be
339 performed or in whom BiV pacing has failed despite ideal lead placement and
340 optimization attempts. Given the morbidity and poor lead durability in the setting of
341 surgical epicardial lead placement, it may be reasonable to attempt re-
342 synchronization with HBP before sending a patient for surgical LV lead placement.

343

344 **Lead placement**

345 As defined above, there are two broadly distinct patterns of electrical activation
346 encountered during His bundle lead implantation. Though intuitively one might
347 anticipate selective capture to be preferable over NSHBP, published data indicate
348 there is little hemodynamic and clinical difference between the two forms of capture
349 possibly due to rapid conduction of His-Purkinje system relative to ventricular
350 myocardial conduction.^{22,23} The degree of ventricular pre-excitation varies
351 considerably in the setting of nonselective capture and conceivably - especially if
352 there is underlying conduction delay in the HPS - it might result in some
353 dyssynchrony. The preponderance of published data suggests that adequate pacing

354 threshold for His capture should be the primary determinant at the time of
355 implantation, irrespective of the presence or absence of ventricular fusion.

356

357 There is no absolute threshold cutoff defining an adequate His bundle pacing
358 threshold. However, observations from experienced implanters suggest that a high
359 threshold ($>3V @ 1 \text{ msec}$) and a significant difference between unipolar and bipolar
360 pacing thresholds at the time of implant are likely to demonstrate worsening
361 capture thresholds at follow up, sometimes requiring lead revision. The presence of
362 His bundle injury current at the time of implantation, conversely, is associated with
363 stable thresholds at follow up.²⁴ While this is a desirable observation, it is not clear
364 that it is critical, i.e. there may be sites demonstrating excellent threshold with little
365 or no current of injury that remain stable at follow-up. It is reasonable to accept His
366 bundle pacing thresholds that are less than $2.5V @ 1\text{ms}$ in non-dependent patients
367 and lower thresholds in dependent patients, pending more outcomes data: Until
368 more data are available, and pending the development of His-specific pacing
369 systems, one must make a clinical decision balancing the output required to
370 maintain ideal capture, the anticipated pacing burden, the relative importance of
371 maintaining synchrony, and the calculated battery longevity.

372

373 **Outpatient management/Device Clinic:**

374 Often device clinics are run by ancillary staff for whom many of the concepts
375 associated with His bundle pacing will be novel. It is therefore critical that device
376 interrogation is done with clear documentation of HBP thresholds and that the staff

377 is well educated to recognize the different thresholds. Patients with HBP leads
378 should have a simultaneous 12-lead EKG (long rhythm strips during threshold
379 testing) at the time of in-office interrogations. This is especially true in leads
380 demonstrating nonselective HB capture, where there is a risk of setting pacing
381 outputs that capture local myocardium only without recruitment of the His Purkinje
382 system. This is also true for patients with BBB in whom appropriate pacing outputs
383 need to be selected to maximally implement conduction system capture. HB paced
384 QRS duration and morphology during follow-up should be carefully measured and
385 reported.

386 The authors recommend that patients have standard pacemaker and/or ICD
387 interrogation scheduling at 1 month, 3 months and 6 months post implant, and
388 every 6 months thereafter.

389

390 **Recommendations for training:**

391 His bundle pacing requires a thorough understanding of fundamental aspects of
392 electrophysiology and cardiac anatomy, and as such it would be expected that most
393 operators performing this procedure would be trained in electrophysiology and be
394 high volume device implanters familiar with all aspects of complex device
395 management and implantation techniques. On the basis of the combined experience,
396 the authors think it is reasonable to expect that any well trained implanting
397 electrophysiologist could learn to perform HBP with focused didactic training and
398 case observation and/or the presence of an experienced proctor, with an
399 approximate learning curve of 10 cases.

400

401 Recommendations for Technology Enhancement

402 Currently there are a limited set of commercially available tools specific for His
403 bundle pacing and there are no pacing algorithms that specifically address the
404 unique aspects of pacing the His bundle. Improvements need to be made in delivery
405 sheaths, mapping systems, lead and electrode design, pacemaker battery longevity,
406 and power output. HBP-specific pacing algorithms need to be created that can
407 accommodate the lower sensing and higher pacing thresholds, distinguish multiple
408 electrograms, and that can sense QRS morphology to insure maximal conduction
409 system capture.

410

411 Conclusions

412 The concepts underlying HBP have been around nearly as long as clinical EP became
413 a distinct discipline. However, PHBP has only recently gained broad interest, in part
414 due to the advent of tools making the technique more feasible, but also in large part
415 due to an increased awareness of the detrimental effects on cardiac function of
416 dyssynchrony. Currently, we have increasing data from largely independent centers
417 bringing into focus the need for a homogenous way to report acute and chronic
418 aspects of HBP that have been agreed upon by several experienced implanters in the
419 field and presented herein. With increased awareness and interest in this pacing
420 technique, the authors have also provided opinions regarding various aspects of
421 HBP that are of central concern, namely recommendations for recognizing adequate
422 lead placement, patient selection, and training required to competently perform the

423 procedure. The overarching objective is to provide a starting point to initiate larger
424 studies and considerations regarding optimization of the procedure in its various
425 contexts, and to codify the procedure as a unique additional tool in the
426 armamentarium of pacing options.
427

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Figure Legends

Figure 1: Selective His bundle pacing in a patient with no HPCD: Twelve lead ECG and intracardiac electrograms from the HBP lead at baseline and during HBP are shown at a sweep speed of 100 mm/sec. His-QRS and the stimulus-QRS intervals are identical at 40 ms. The QRS morphology during HBP is same as baseline. The local ventricular electrogram (arrow) is discrete from the pacing stimulus suggesting absent local ventricular capture.

Figure 2: Nonselective HBP in a patient with no HPCD: Twelve lead ECG and intracardiac electrograms from the right atrial and HBP lead at baseline and during HBP at decreasing output are shown at a sweep speed of 100 mm/sec. During HBP at 1.2V, the paced QRS duration is 120 ms due to fusion between conduction via the His-Purkinje system and ventricular capture. There is no isoelectric interval between the stimulus and QRS onset. There is no discrete local ventricular electrogram noted following the pacing artifact (arrow) in the HBP lead. As the pacing output is decreased to 1V, the paced QRS duration is wider at 160 ms with the stimulus to atrial interval prolonging from 150 to 250 ms confirming loss of His bundle capture.

Figure 3: Nonselective HBP to Selective HBP in a patient with no HPCD: Twelve lead ECG and intracardiac electrograms from the HBP lead at baseline and during HBP at decreasing output are shown at a sweep speed of 100 mm/sec. During HBP at 1.5V, the paced QRS duration is 140 ms due to fusion between conduction via the His-Purkinje system and ventricular capture. There is no isoelectric interval between the stimulus and QRS onset ($S-QRS = 0$). There is no discrete local

ventricular electrogram noted following the pacing artifact (arrow) in the HBP lead. As the pacing output is decreased to 1V, there is selective His bundle capture and loss of ventricular capture (see the discrete local ventricular electrogram in the HBP lead - arrow) resulting in QRS morphology identical to baseline QRS (90 ms).

Figure 4: Nonselective HBP in a patient with complete intra-Hisian AV block:

The left panel demonstrates complete HV block and an escape rhythm with RBBB morphology. Pacing from the HBP lead at 1.5V results in narrowing of the QRS to 110 ms due to nonselective capture of the His bundle and RV. At 1.2V, there is selective capture of the left bundle (distal to the site of block in the His bundle) resulting in paced QRS morphology (RBBB) identical to the escape rhythm explained by longitudinal dissociation in the His bundle. Local electrogram discrete from the pacing artifact in the HBP lead suggests loss of RV myocardial capture (arrow).

Figure 5: Cardiac resynchronization during HBP: The top panels show the standard surface precordial leads (25mm/sec sweep speed), and the bottom panels show the 12 surface leads and intracardiac electrograms for each respective condition (200mm/sec sweep speed). Panel A is native conduction with LBBB, QRS duration 166 msec. Conduction time from His to lateral LV wall is 225 msec. Panel B shows pacing from the HBP lead at high output (8V/1.5ms): The change in morphology –more rapid dV/dt, axis normalization are consistent with NS-HBP. No local ventricular egm on the octapolar mapping catheter indicates local ventricular capture expected with nonselective capture. The LV timing is advanced by 100 msec. Note that due to local ventricular capture the total QRS duration as measured is

similar to native conduction (160 msec) Panel C: The HBP output has been decreased to 4.25V/1.5ms: the surface ECG is now isoelectric from stimulus artifact to QRS onset, and the QRS measures 125 msec. Septal ventricular activation now occurs well after the local stimulus artifact from the HBP lead, indicating S-HBP. Timing from His to LV activation remains advanced by 100 msec, proving re-engagement of the left fascicles. Panel D: Further decrease in output (4V/1.5ms) results in QRS morphology identical to native conduction, coincident with which the His- LV timing returns to baseline (225 msec). Labels: His d to His 4: Bipolar leads on the octapolar His mapping catheter in the His position (anteroseptal). HBP lead: The actively fixed His bundle pacing lead from which pacing is being performed in panels B-D. LV: The LV lead placed in a lateral coronary vein. (Modified from: Lustgarten et al. Heart Rhythm 2015;12:1548-1557)

Figure 6: Selective HBP in Right Bundle Branch Block: Twelve lead ECG and intracardiac electrograms from the HBP lead at baseline and during HBP at decreasing output are shown at a sweep speed of 100 mm/sec. Baseline ECG shows RBBB with QRS duration of 180 ms with HV interval of 65 ms as shown in the HBP lead. During HBP at 1.2V there is selective capture of the His bundle with resultant QRS duration of 100 ms and correction of RBBB. Note the discrete local electrogram in the HBP lead with a different morphology from baseline and stimulus to ventricular interval of 65 ms. At a pacing output of 1.0V, there is loss of right bundle capture and resultant QRS morphology identical to baseline on surface ECG and local ventricular electrogram (arrow).

Figure 7: Nonselective HBP in RBBB: Twelve lead ECG and intracardiac electrograms from right atrial (RA) and the HBP lead at baseline and during HBP at decreasing output are shown at a sweep speed of 100 mm/sec. Baseline ECG shows RBBB with QRS duration of 160 ms. During HBP at 2V, the paced QRS duration is 120 ms due to fusion between conduction via the His-Purkinje system (both right and left bundles) and ventricular capture. There is no isoelectric interval between the stimulus and QRS onset. There is no discrete local ventricular electrogram noted following the pacing artifact (arrow) in the HBP lead. As the pacing output is decreased to 1.5V, the paced QRS duration is wider at 130 ms due to loss of right bundle capture as evidenced by the terminal R waves in V1 and V2 (circle). At pacing output of 1V, there is only right ventricular capture with QRS duration of 170 ms with lengthening of the stimulus to atrial interval from 110 to 210 ms confirming loss of His bundle capture.

Table 1: Criteria for His Bundle Pacing

Baseline	Normal QRS		HPCD#	
			With correction*	Without correction
Selective HBP	<ul style="list-style-type: none"> • S-QRS = H-QRS with isoelectric interval • Discrete local ventricular electrogram in HBP lead with S-V=H-V • Paced QRS = native QRS • Single capture threshold (His bundle) 	<ul style="list-style-type: none"> • S-QRS ≤ H-QRS with isoelectric interval • Discrete local ventricular electrogram in HBP lead • Paced QRS < native QRS • 2 distinct capture thresholds (HBP with BBB correction, HBP without BBB correction) 	<ul style="list-style-type: none"> • S-QRS ≤ or > H-QRS with isoelectric interval • Discrete local ventricular electrogram in HBP lead • Paced QRS = native QRS • Single capture threshold (HBP with BBB) 	
Non-selective HBP	<ul style="list-style-type: none"> • S-QRS < H-QRS (usually 0, S-QRS_{end} = H-QRS_{end}) with or without isoelectric interval (Pseudodelta wave +/-) • Direct capture of local ventricular electrogram in HBP lead by stimulus artifact (local myocardial capture) • Paced QRS > native QRS with normalization of precordial and limb lead axes with respect to rapid dV/dt components of the QRS • 2 distinct capture thresholds (His bundle capture, RV capture) 	<ul style="list-style-type: none"> • S-QRS < H-QRS (usually 0, S-QRS_{end} < H-QRS_{end}) with or without isoelectric interval (Pseudodelta wave +/-) • Direct capture of local ventricular electrogram in HBP lead by stimulus artifact • Paced QRS ≤ native QRS • 3 distinct capture thresholds (HBP with BBB correction, HBP without BBB correction, RV capture) 	<ul style="list-style-type: none"> • S-QRS < H-QRS (usually 0) with or without isoelectric interval (Pseudodelta wave +/-) • Direct capture of local ventricular electrogram in HBP lead by stimulus artifact • Paced QRS > native QRS (see text) • 2 distinct capture thresholds (HBP with BBB, RV capture) 	

SV stimulus to QRS onset; HV His- ventricular; V ventricular; BBB bundle branch block; RV right ventricle; HBP His bundle pacing; HPCD His-Purkinje Conduction disease

* Narrowing of QRS; # including bundle branch block and infra-nodal AV block

Figure 1

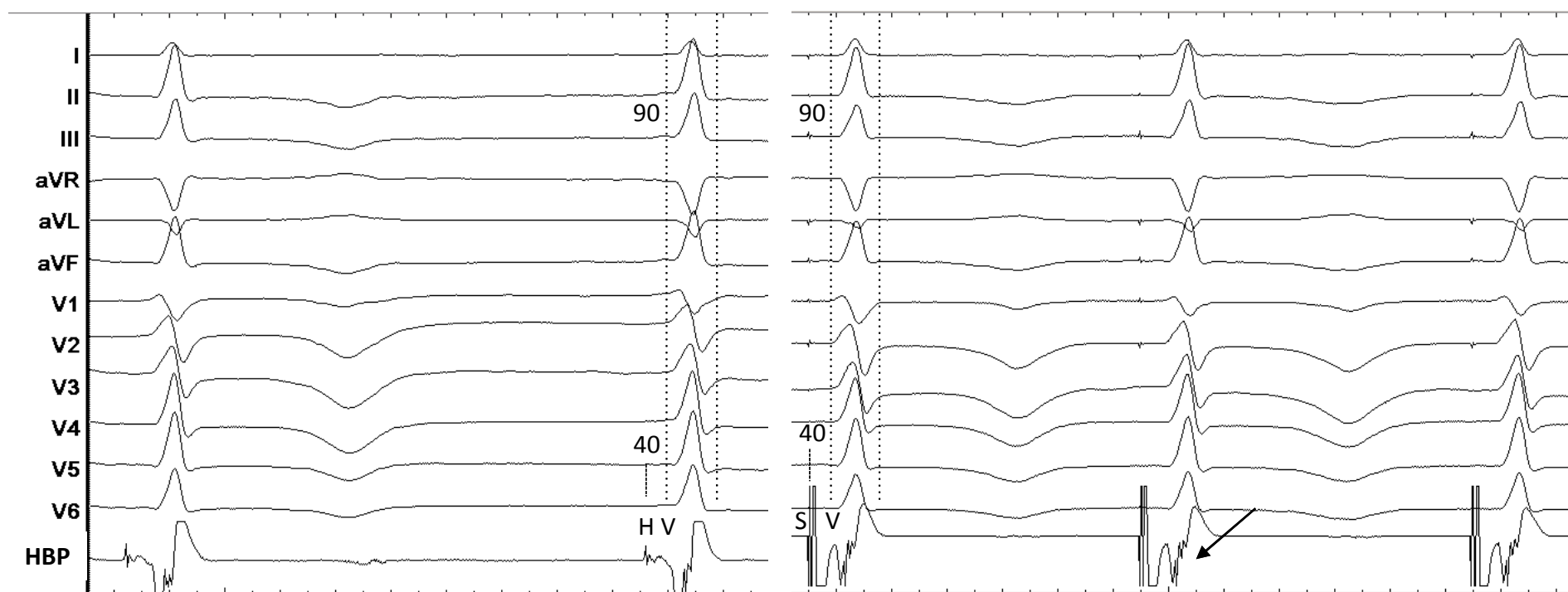


Figure 2

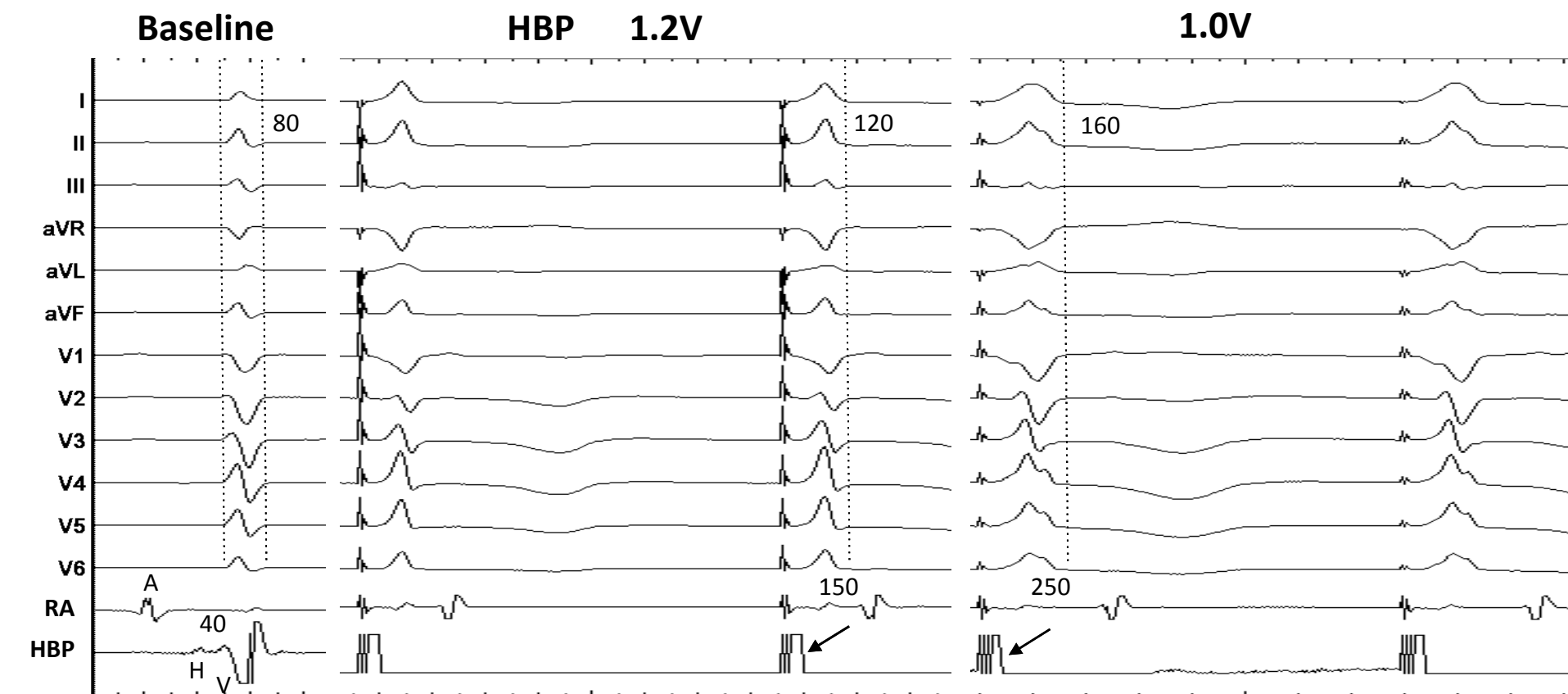


Figure 3

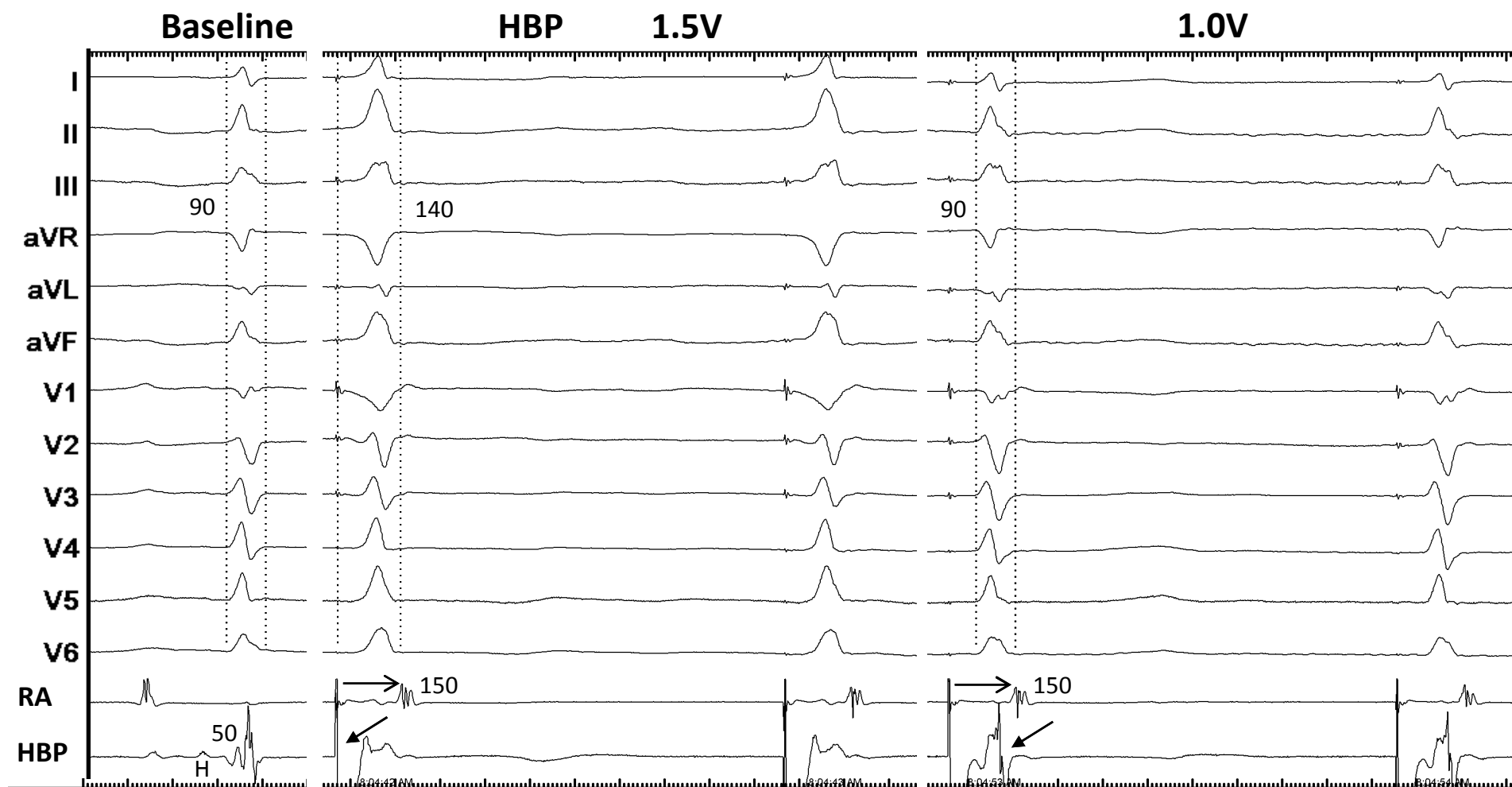


Figure 4

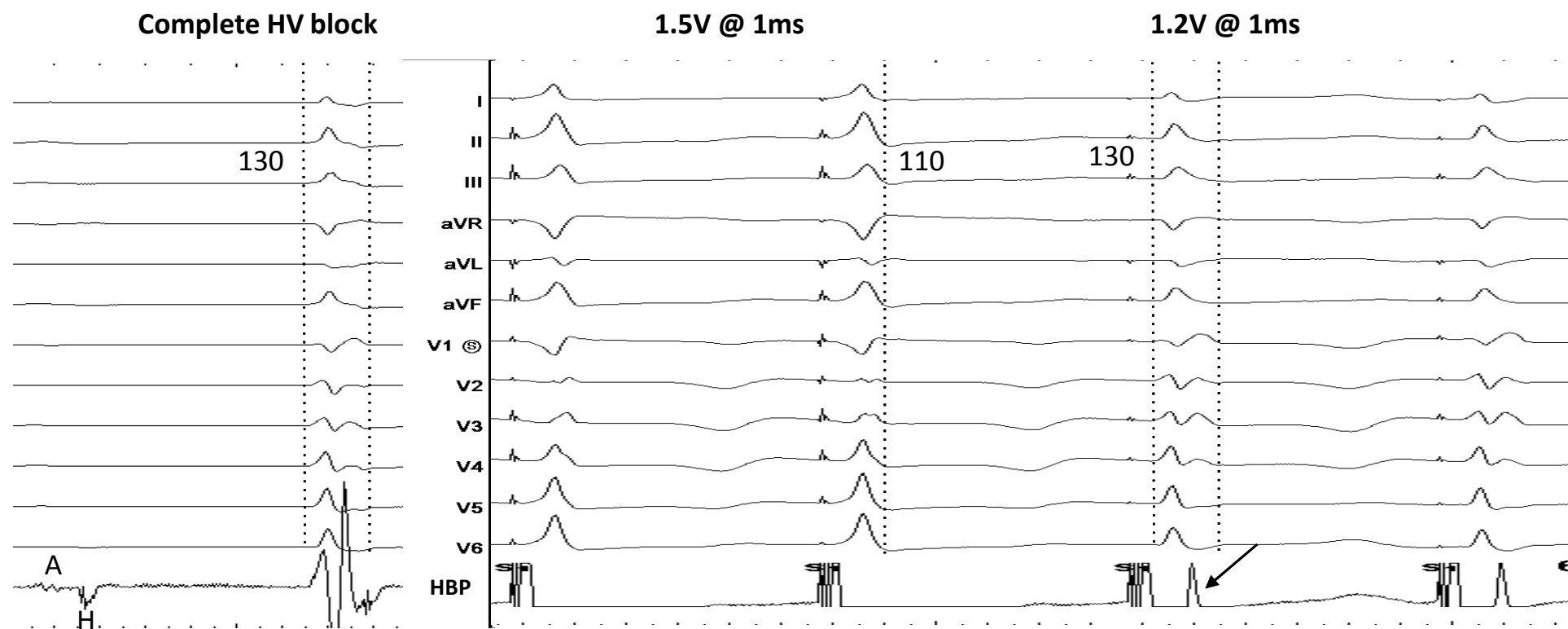


Figure 5

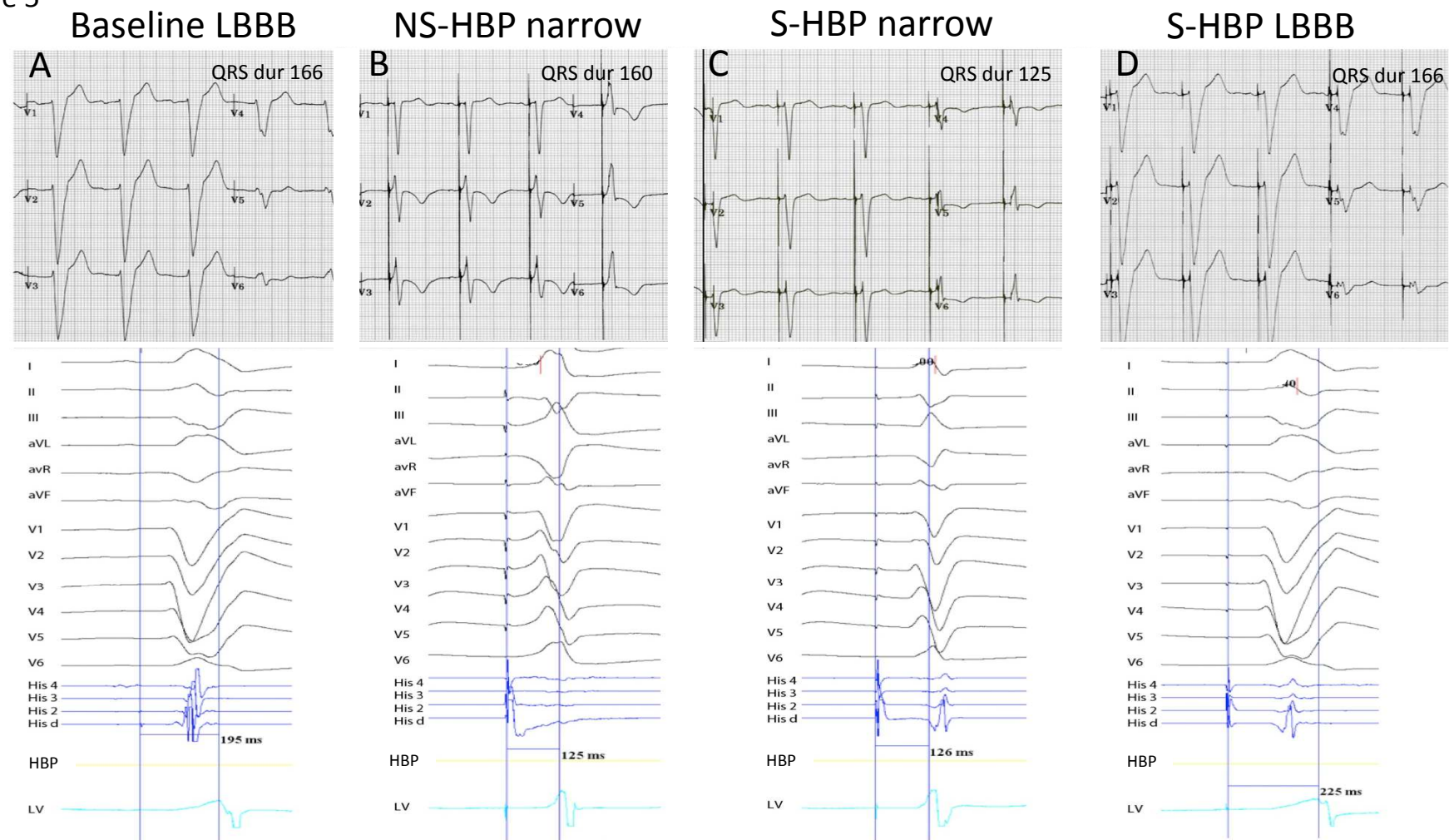


Figure 6

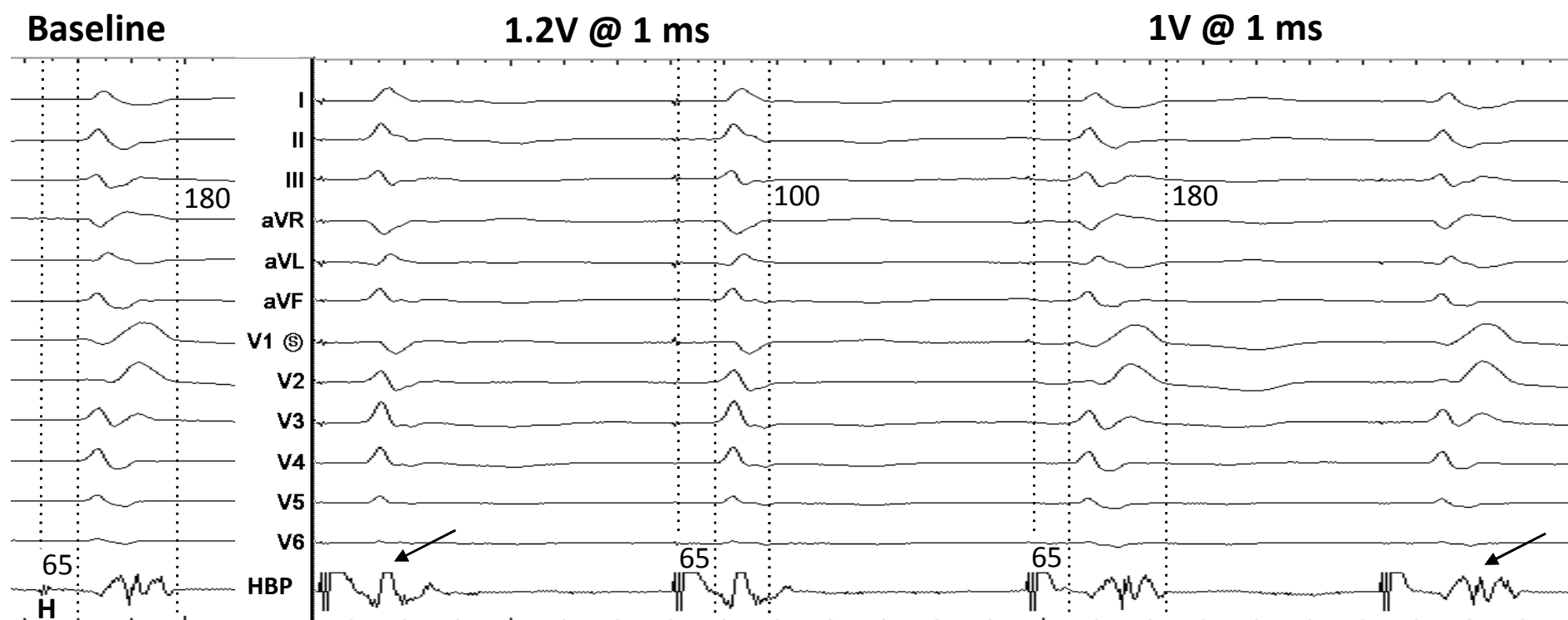


Figure 7

