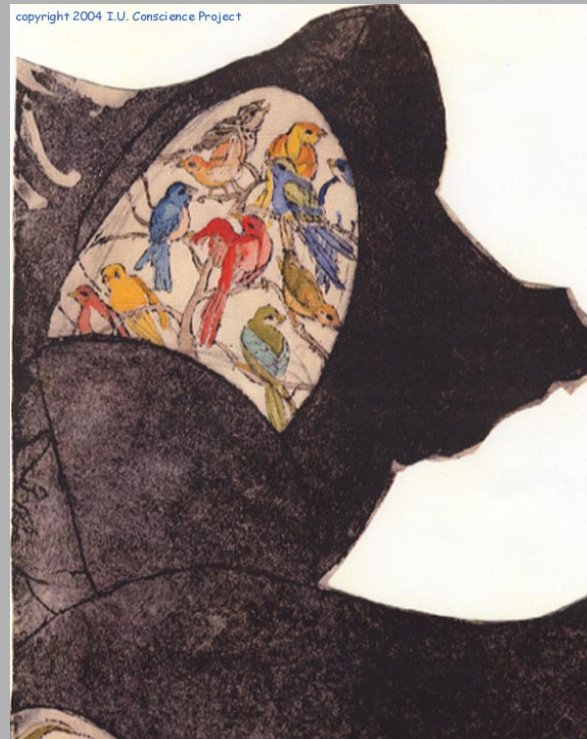


A Conscience Sensitive Approach



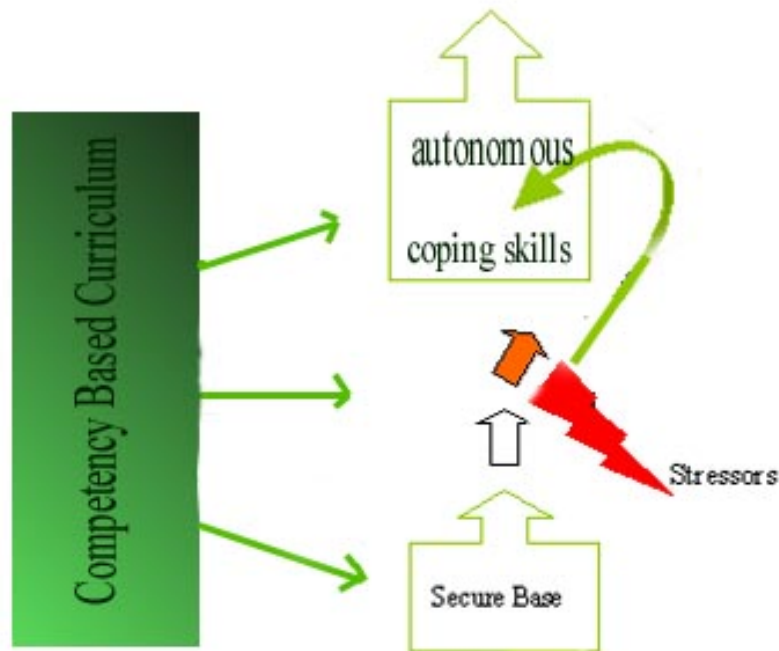
To Ethics and Teaching Caring Attitudes

An
I.U. Conscience Project and HELP Collaboration

- Margaret Gaffney, M.D.
- Deborah Litzelman, M.D.
- Matt Galvin, M.D.
- Barbara Stilwell, M.D.
- Ann Cottingham, MA.

- Indiana University Conscience Project 1982
- Health-professional Ethics Leadership Program (HELP) 1997
- Teaching Caring Attitudes (TCA) 1998

Flourishing Practice



Great Expectations

Figure One : Great Expectations

Stressors

- Personal
- Interpersonal
- Professional

Stressors

- Professional Loneliness



Autonomous Coping Skills

- Deliberate self-reliance
- Defense mechanisms

Defense Levels and Individual Defense Mechanisms

High adaptive level. This level of defensive functioning results in optimal adaptation in the handling of stressors. These defenses usually maximize gratification and allow the conscious awareness of feelings, ideas, and their consequences. They also promote an optimum balance among conflicting motives. Examples of defenses at this level are

- anticipation
- affiliation
- altruism
- humor
- self-assertion
- self-observation
- sublimation
- suppression

Mental inhibitions (compromise formation) level. Defensive functioning at this level keeps potentially threatening ideas, feelings, memories, wishes, or fears out of awareness. Examples are

- displacement
- dissociation
- intellectualization
- isolation of affect
- reaction formation
- repression
- undoing

Minor image-distorting level. This level is characterized by distortions in the image of the self, body, or others that may be employed to regulate self-esteem. Examples are

- devaluation
- idealization
- omnipotence

Disavowal level. This level is characterized by keeping unpleasant or unacceptable stressors, impulses, ideas, affects, or responsibility out of awareness with or without a misattribution of these to external causes. Examples are

- denial
- projection
- rationalization

Major image-distorting level. This level is characterized by gross distortion or misattribution of the image of self or others. Examples are

- autistic fantasy
- projective identification
- splitting of self-image or image of others

Action level. This level is characterized by defensive functioning that deals with internal or external stressors by action or withdrawal. Examples are

- acting out
- apathetic withdrawal
- help-rejecting complaining
- passive aggression

Level of defensive dysregulation. This level is characterized by failure of defensive regulation to contain the individual's reaction to stressors, leading to a pronounced break with objective reality. Examples are

- delusional projection
- psychotic denial
- psychotic distortion

Competencies

Effective Communication

Basic Clinical Skills

Using Science to Guide Diagnosis and Therapy

Lifelong Learning

Self Awareness, Self Care and Personal Growth

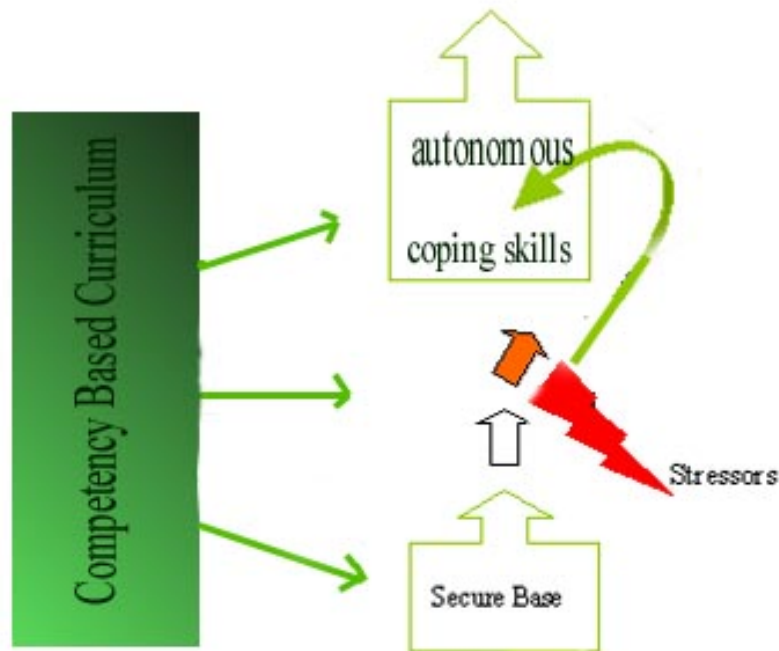
Community Context of Health-care

Moral Reasoning and Ethical Judgment

Problem Solving

Professionalism and Role Recognition

Flourishing Practice



Great Expectations

Figure One : Great Expectations

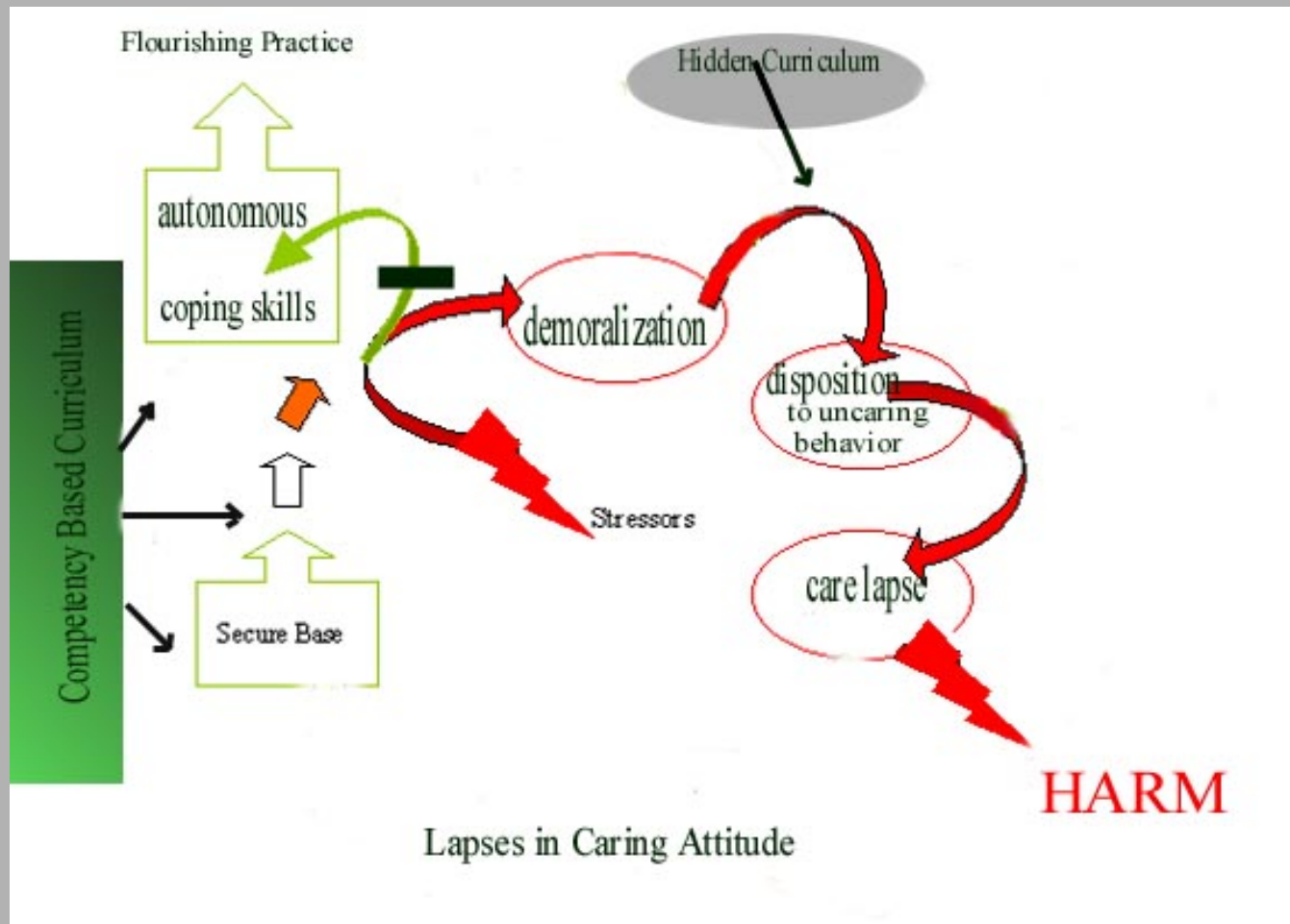
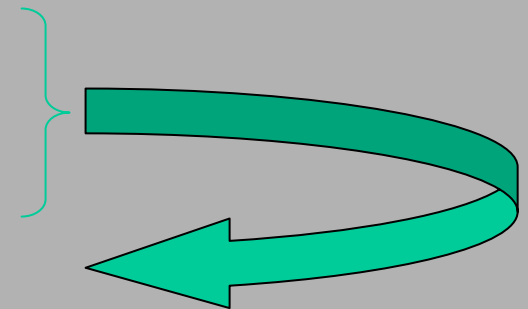


Figure Two: Lapses in Caring Attitude

Psychopathological Interferences in the Use of Adaptive Coping Skills

- Mood Disorders
- Anxiety Disorders
- Substance Abuse Disorders
- Immature Defense Mechanisms
- Maladaptive Character Traits
- Character Disorders



Virtuous Practice
vis à vis
The Hidden Curriculum



Laocoön Against Background Graffiti

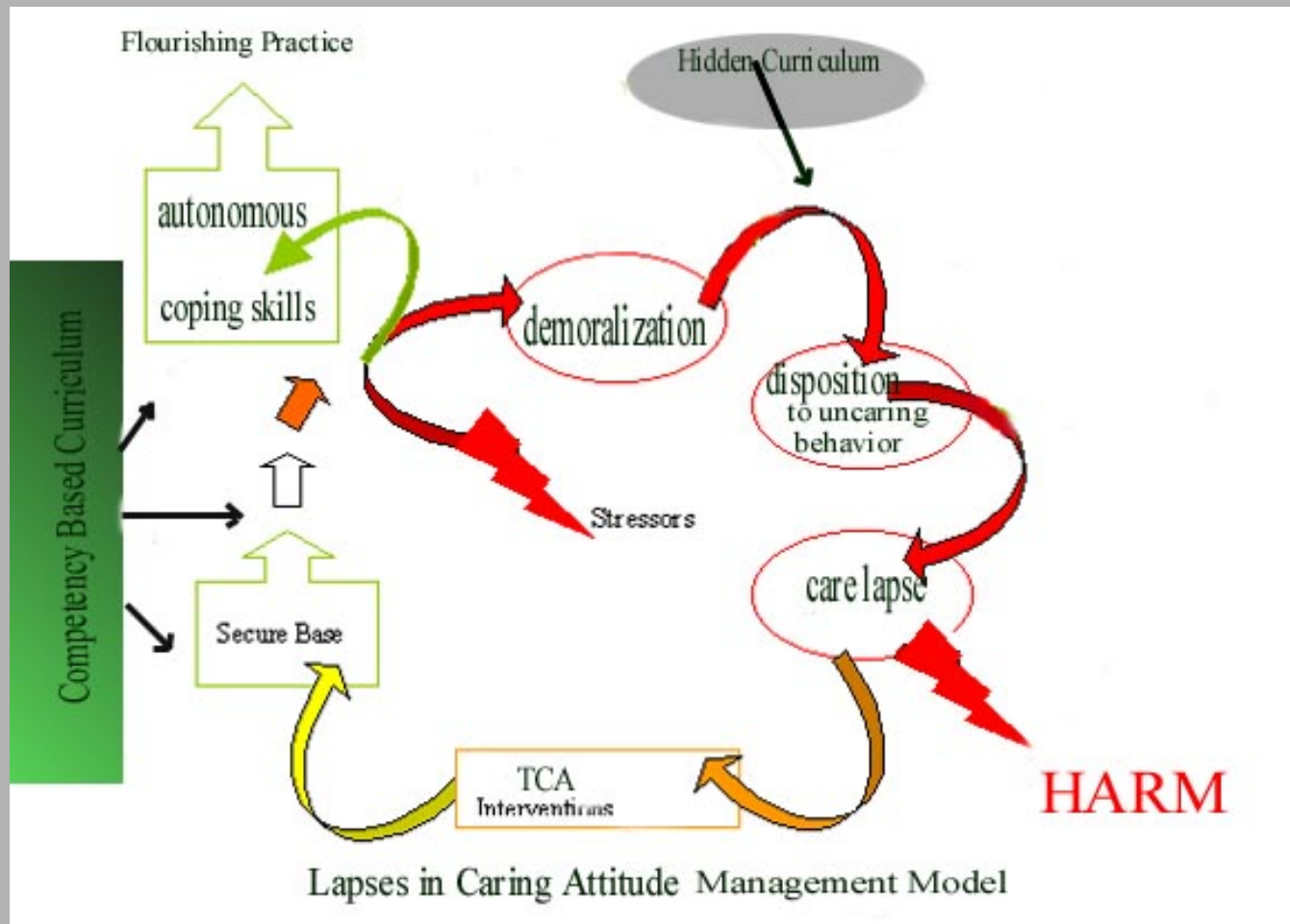


Figure Three: Lapses in Caring Attitudes Management Model

Teaching Caring Attitudes

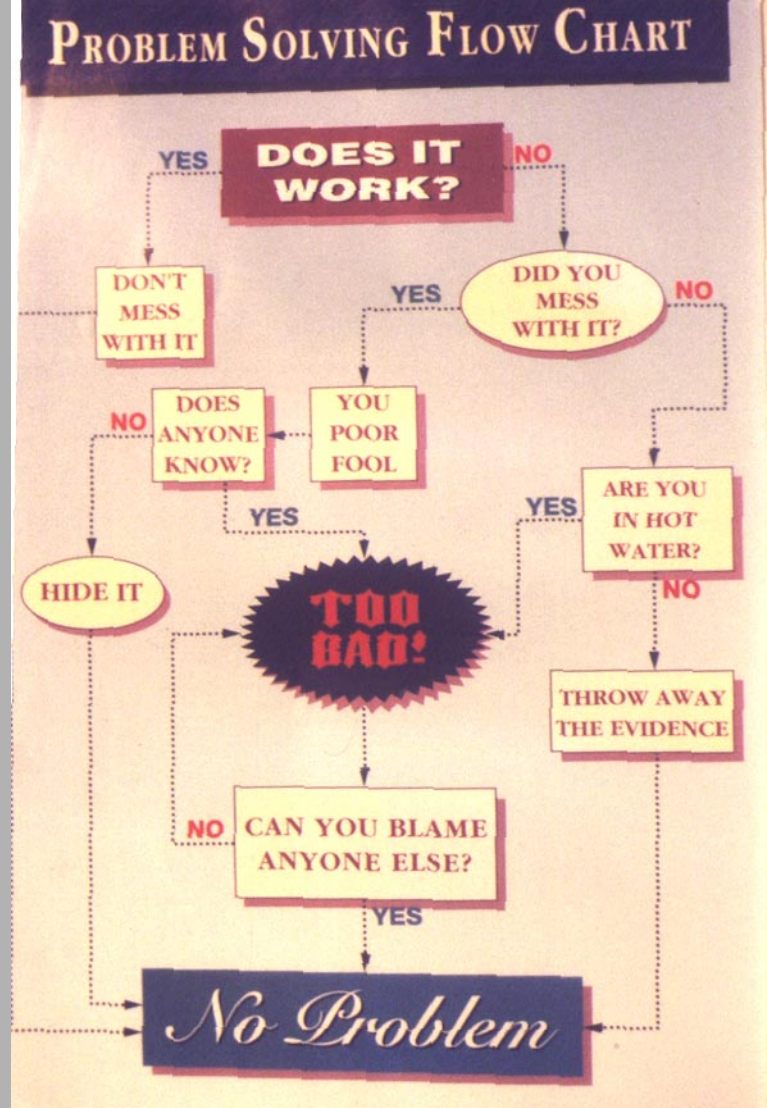
COMPETENCIES REVISITED

- Self Awareness/ Self Care/Personal Growth *plus*
- Moral Reasoning and Ethical Judgment *plus*
- ???

Moral Emotional Responsiveness

Skill-Streaming

- Identification of moral emotions
- Recognition of moral emotional changes under varying conditions of approval and disapproval (Rings of Glaucon: an exercise in moral imagination)
- Overcoming defense mechanisms that dispose to care lapses or vitiate pro-social impulses (an exercise in moral volition)
- Preparations for harm (another exercise in moral imagination)
- Guilt Management



The 'Enron' Conscience

Conscience Sensitive Medical Education Introduction to Clinical Medicine I (ICM I)

ICM I and Children's Bureau Retreat

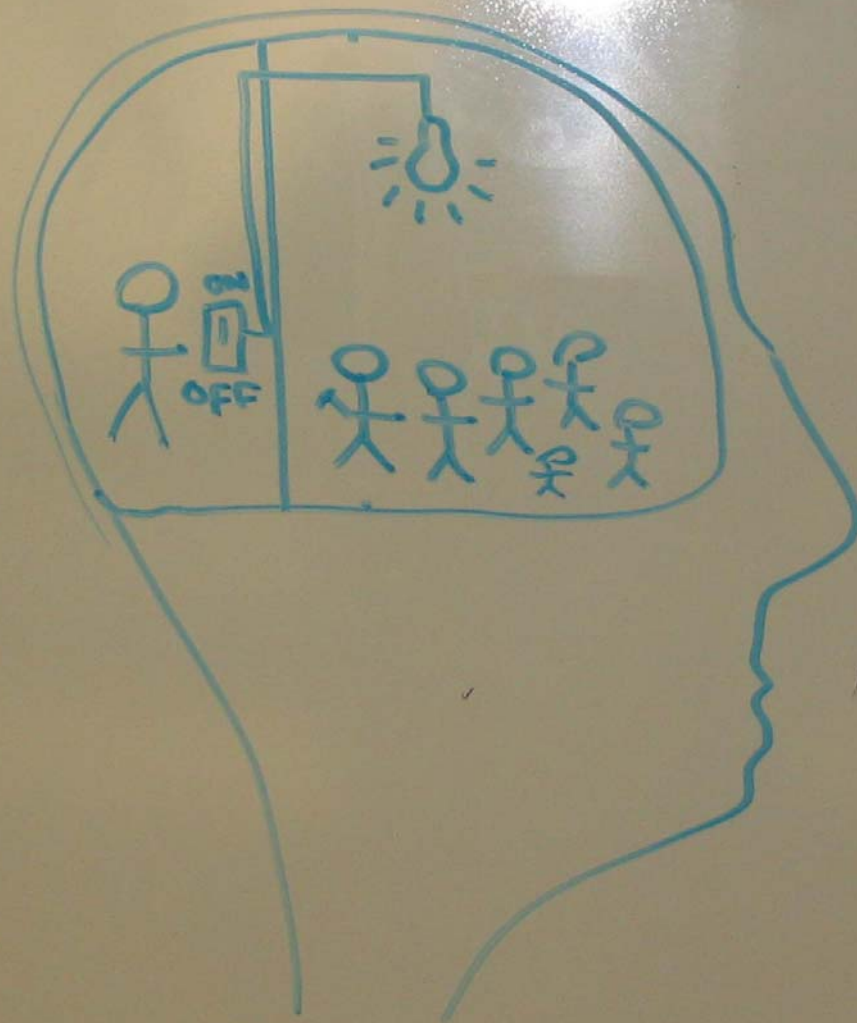
A 'Paired Learning' Experience: 'matching'
developing professionals of conscience
with young persons of conscience in adversity

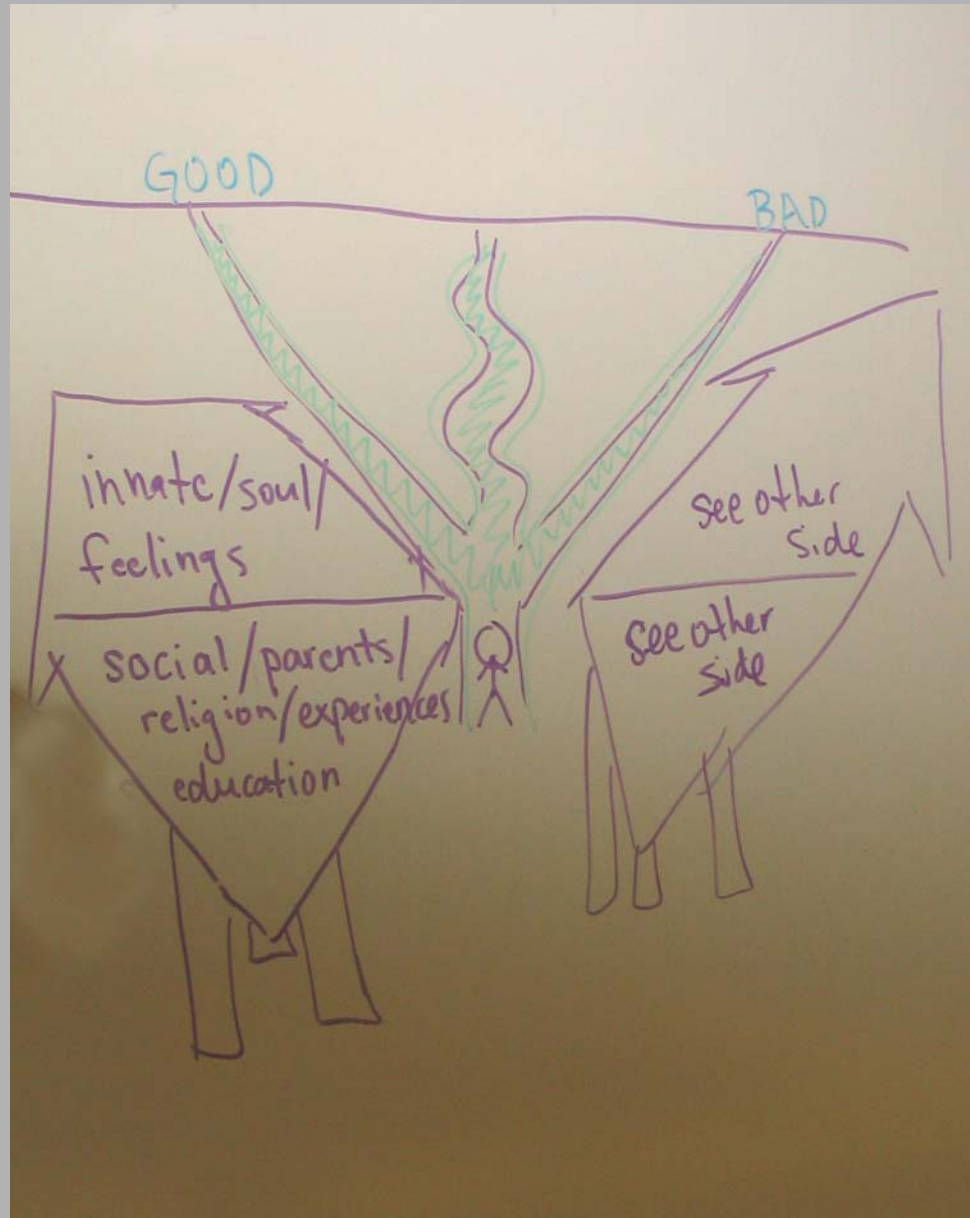


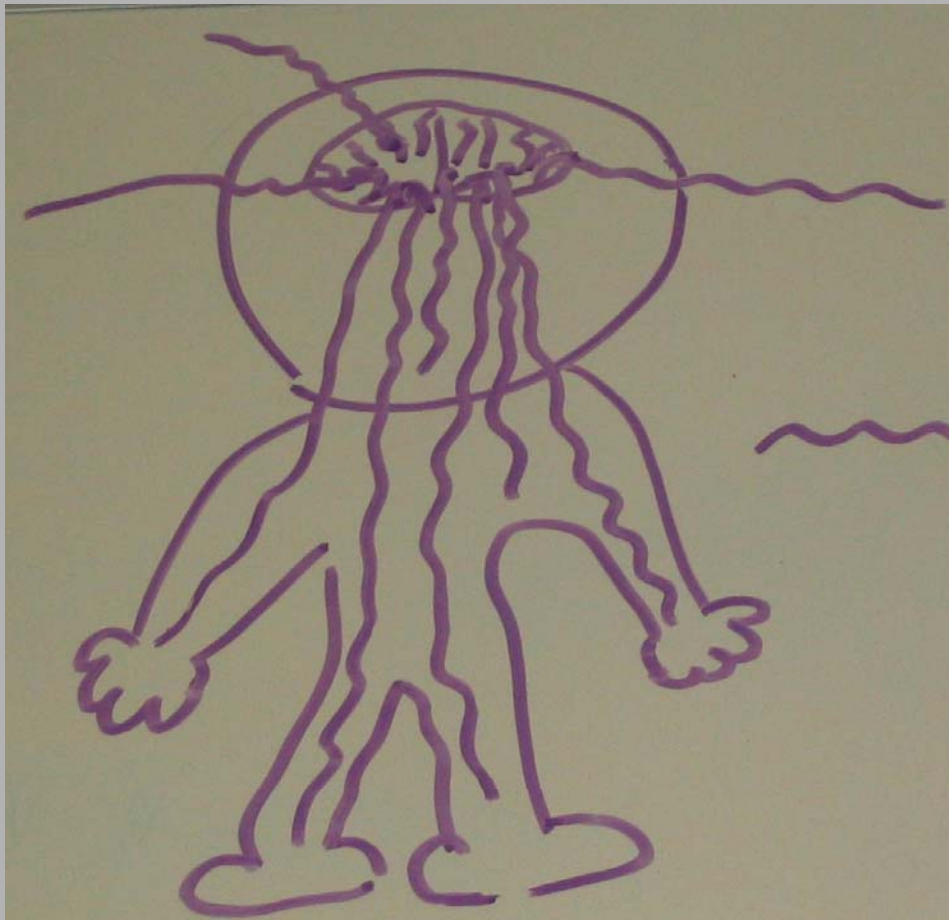
Advantages to the Developing Professional

- Interactive experience illustrative of personal/social development in the early lifespan
- Introduction to making inquiries of a personal nature
- Promotion of non-judgmental inquiries into values, choices and moral emotional responses
- Promotion of self awareness
- A conceptual framework for professional conscience development
- Basic for ethical discourse
- Basic for life-long virtuous practice

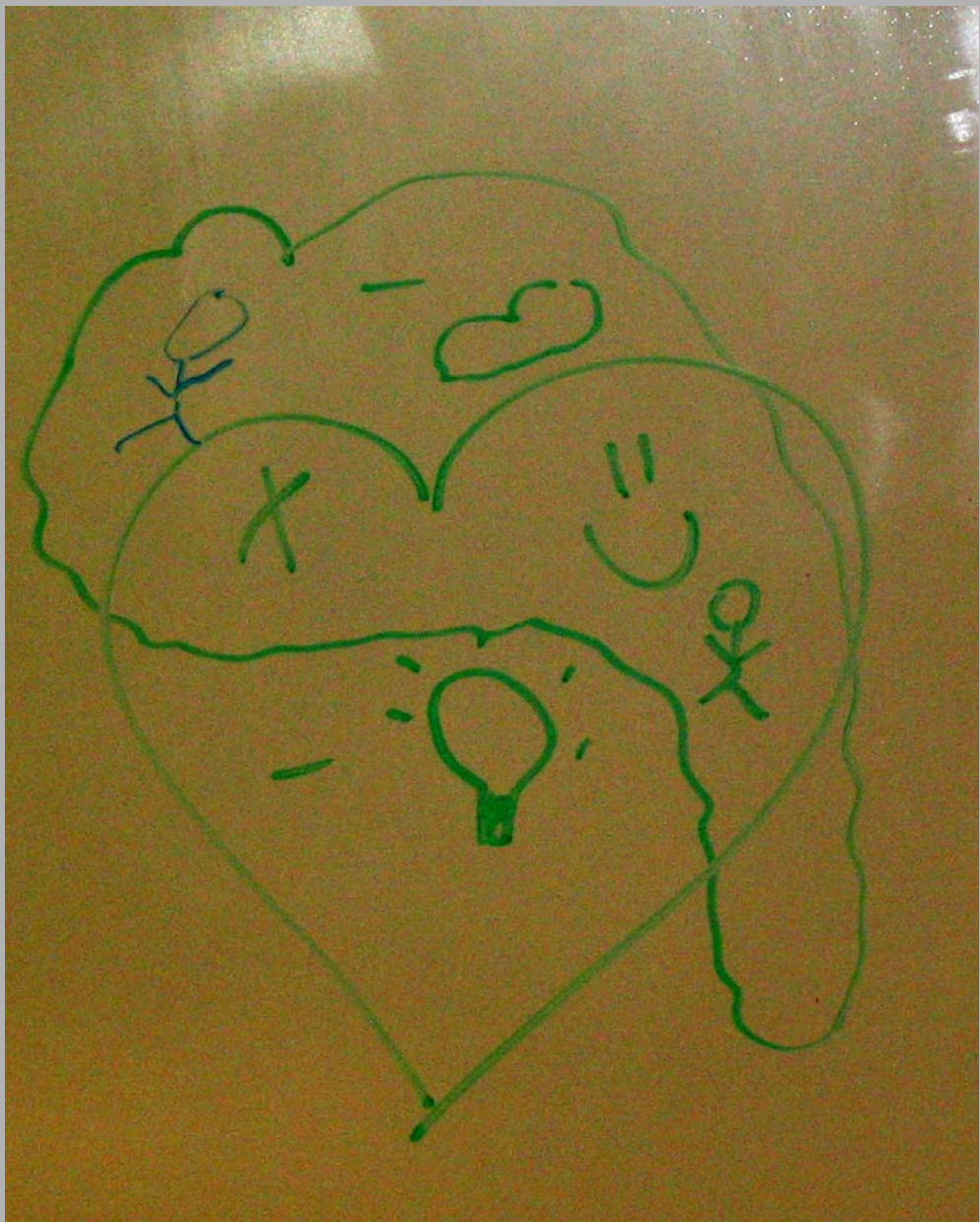








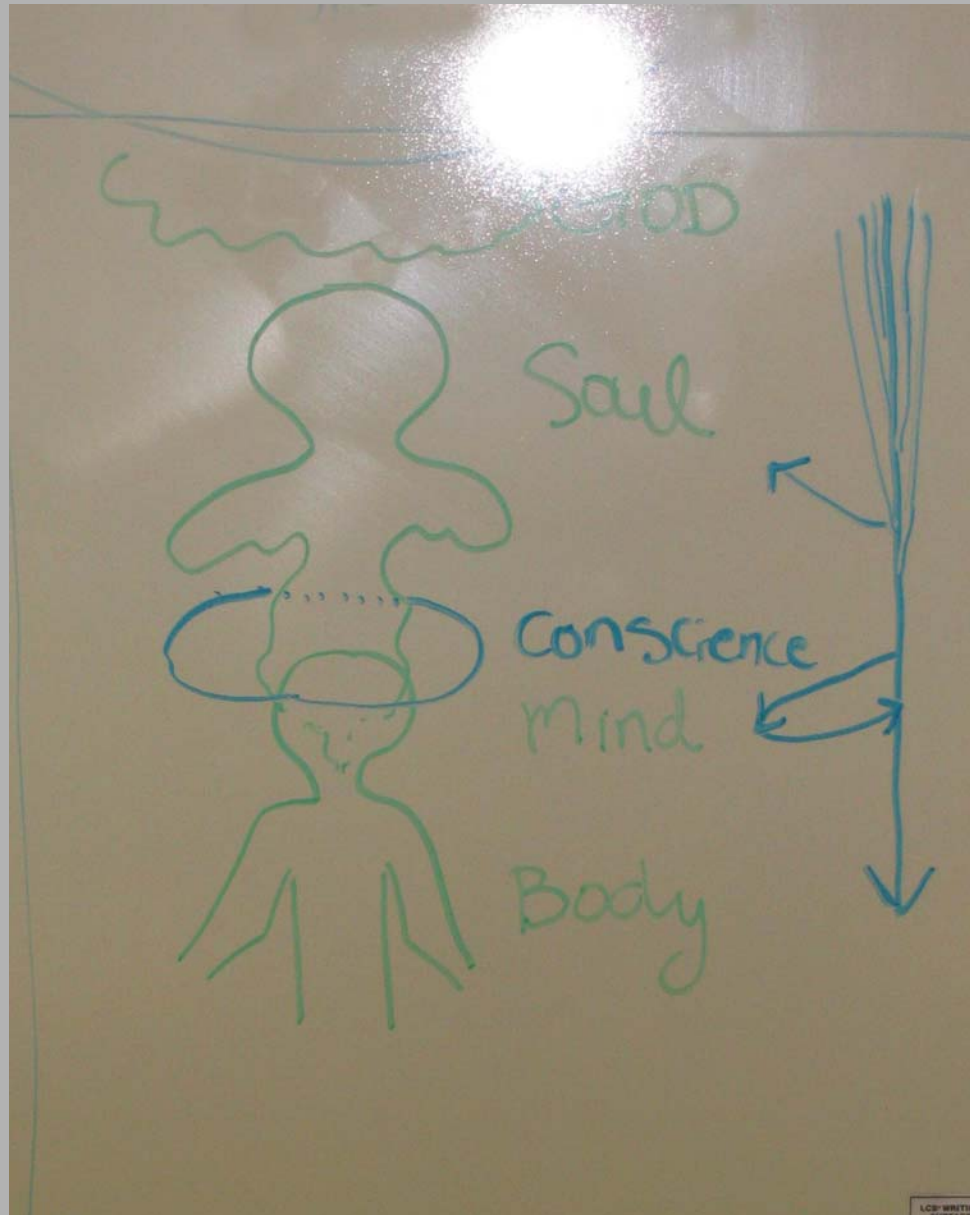
~~~~~ = experienced  
communicated  
to and by  
conscience

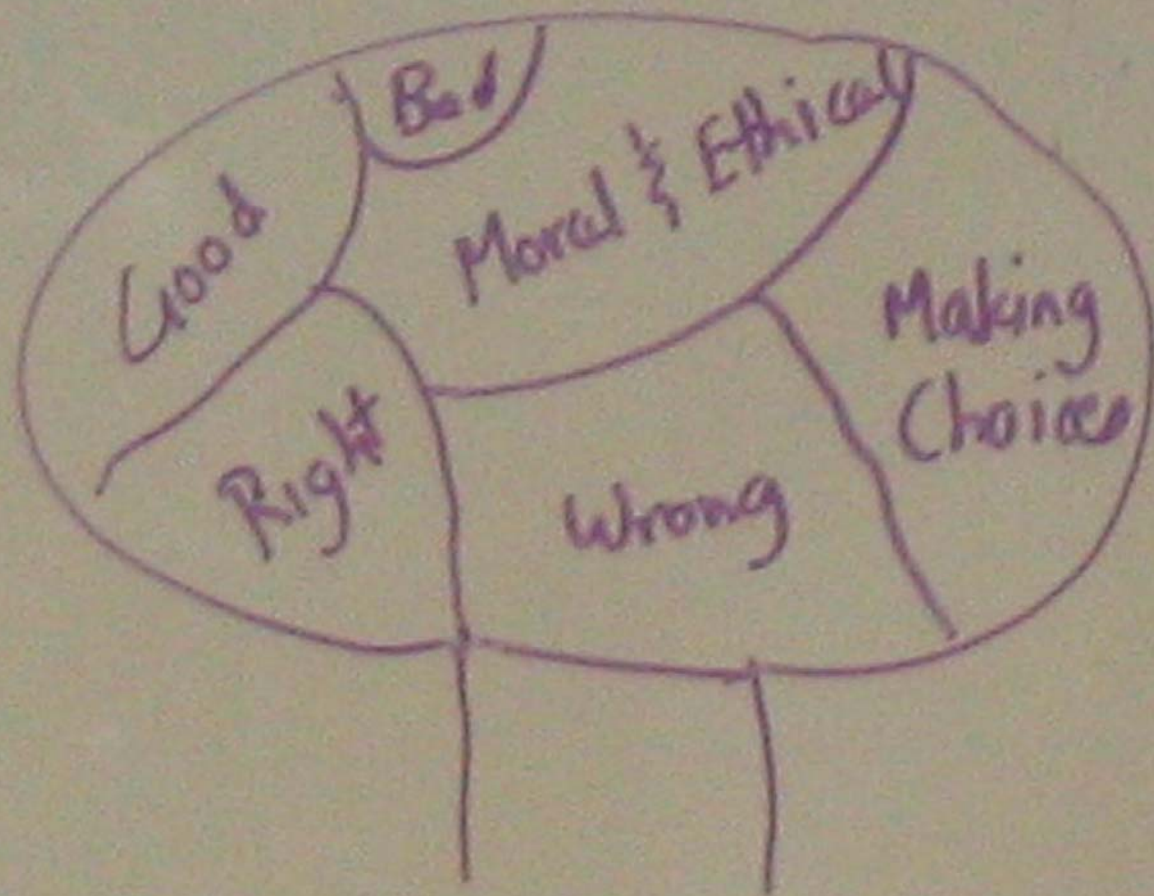




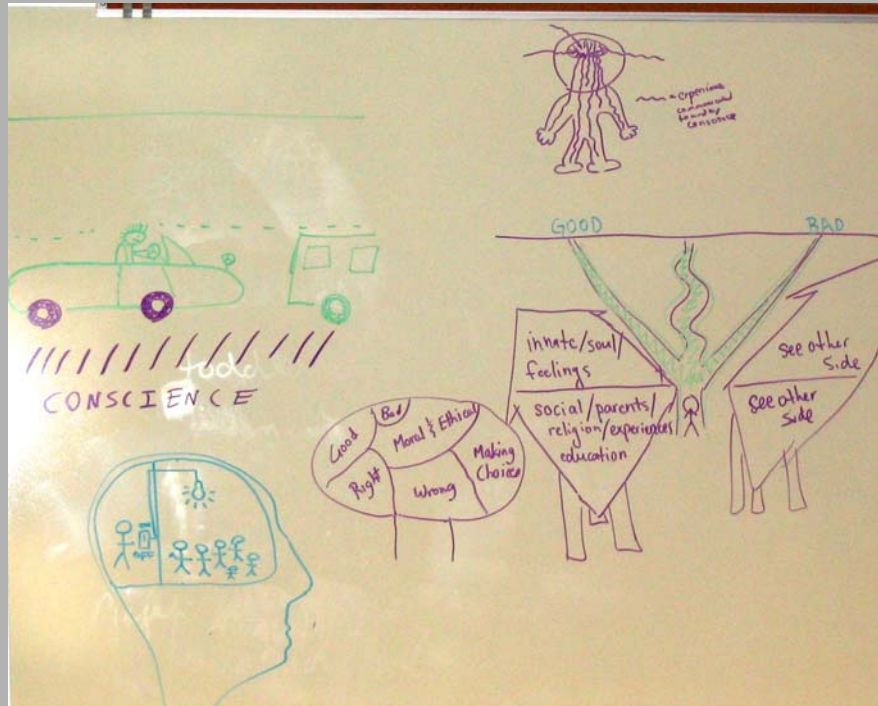








# Composite Conscience



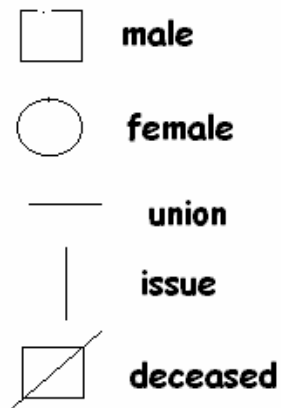


# Moralized Genogram

## Triple Pass Genogram

## Biological connections

## Moral connections

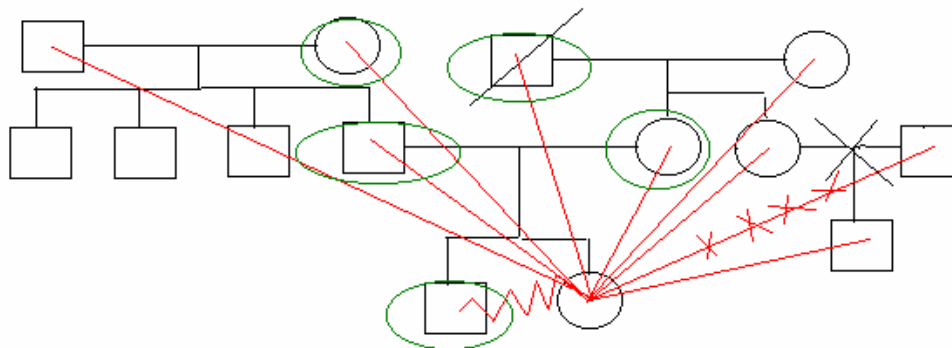


## Emotional connections

—— strong bond +valence

 **disconnection**

 **conflicted**



# Value Matrix

|              | " Do engage in acts harmful to one's self." |        |
|--------------|---------------------------------------------|--------|
|              | Abide                                       | Ignore |
| Best Reasons |                                             |        |
| Base Motives |                                             |        |

# Repertory of Moral Emotional Responses

- To Maleficence
  - Recognition of harm
  - Owning harm done
    - Contributory dysvalue: unaccountable harms done within a health care system
  - Expression of remorse
  - Forgiveness
  - Reparation and Amends

# Repertory of Moral Emotional Responses

- To Beneficence
  - Recognition of help received
    - Contributory value: cooperative beneficence
  - Expression of gratitude

# Retrieval of Healing Values

- Traditional Bioethical Principlism
  - Non-maleficence
  - Beneficence
  - Autonomy
  - Justice
- Intrinsic Values in the Professional of Conscience
  - The Value of Moralized Attachment (Connectedness)
  - The Value of Moral Emotional Responsiveness (Equanimity)

# Survival Strategy

- Heteronomous Coping Skills
  - When self-sufficiency isn't sufficient and unconscious defenses aren't conscionable
  - Cultivating Help-Seeking skills
    - Expansion upon traditional help seeking

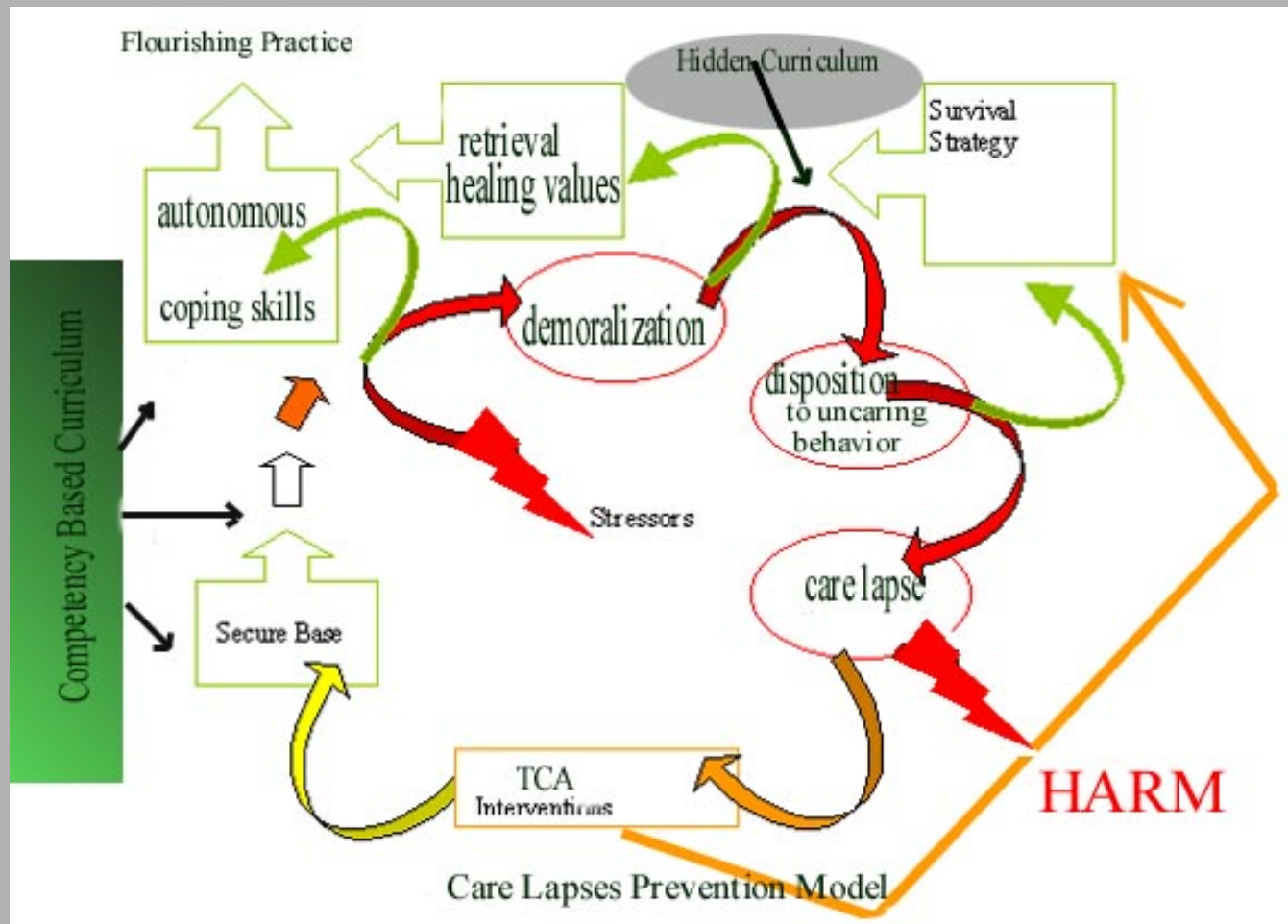


Figure Four: Care Lapses Prevention Model



An Evanescent Spring